

ADULT EDUCATION

April - August 2017



Photo: Tania Clarke

WE LOVE OUR MEMBERS!

New member discount system for spring

Starting April 2017, we are rolling out a percentage-based discount system. As a member you will receive 10% off the non-member course fee. If you register online, enter the promo code MEMBER at checkout to apply the discount. Have your member card handy to provide your member number. If you prefer to register by phone, we will be pleased to assist you at 604.718.5898.

BOTANY & ECOLOGY

Members receive 10% off the non-member course fee.

All About Seeds

Dig deeper into the tiny world of seeds and explore seed botany. We'll look at a variety of seeds including vegetable, flower, edible seeds and sprouts, and learn about harvesting your own seeds. Examine seeds and sprouts under our microscopes as we discuss pollination, sprouting, fruiting and produce. This will be a fun, hands-on class to help you get a better understanding of the cycle and process of plant growth.

Sat. May 13, 10 am - 12:30 pm | Non-member \$42

Instructor: Jennifer Lipka

Introduction to Bird Watching

From Anna's hummingbirds to bald eagles, the Garden is frequented by many species of birds. Join VanDusen's long-time birding guide, Jeremy Gordon, for the basics of bird watching. He will discuss best birding resources such as binoculars and field guides, share tips on how to identify birds, and highlight hot birding spots in Vancouver. Following the one hour indoor presentation, he will take the class out for a walk through the Garden to look for birds and put newly-learned ID skills to use. Dress for the weather, bring binoculars and a field guide if you have them. Class is limited to 18 people.

Sun. Jun 11, 10 am - 12:30 pm | Non-member \$42

Instructor: Jeremy Gordon

Bird Walks

Saturdays, 10 am

Meet in the Visitor Centre Atrium.
Free for members or with admission.

Upcoming dates:

March 25, April 29, May 6,
May 13 and June 24



Helping Bees in Urban Gardens

Encourage bumblebee, mason bee, and other native bee populations in your urban garden. This class will touch on bee ID, natural history of native bees, and basic gardening tips such as best flower choices, bee baths, and soil care strategies. The class will begin with a short walk in the Garden and will conclude with participants making simple bumblebee nests for their garden.

Sat. Jun 17, 10 am - 12:30 pm | Non-member \$42

Instructor: Brian Campbell



Know your Bees of BC

There are more than 450 species of bees in BC! Walk with renowned bee expert, Brian Campbell, and explore the differences between mason bees, bumblebees, honeybees and more. As you walk around the rich bee habitat of VanDusen, you will observe bee biology and natural history, such as foraging, nest types and locations, interactions with other bees, and pollination mechanisms. Class is limited to 15 people.

Sat. Jul 29, 1:30 - 4 pm | Non-member \$42

Instructor: Brian Campbell

Soil Stroll

This walk throughout the Garden will focus on soils, exploring how texture, organic matter, hydrology, and biological activity all influence soils, and plant growth. See the effects of regular soil amendments and discuss the constraints and opportunities for gardening in different soil conditions, including some of the best plant choices for challenging conditions. Class is limited to 15 people, and will be entirely outside.

Sat. Aug 19, 10 am - 12 pm

Non-member \$28

Instructor: Egan Davis

*K-12 teachers are eligible
for free gardening, botany
and ecology courses.
Call 604.718.5898 for info.*

PLANTS & PEOPLE

Members receive 10% off the non-member course fee.

Mixology and your Garden

With summer just around the corner, what better time to broaden your entertaining toolkit with some botanical cocktails? Cole will discuss botanicals you can grow in your home garden for cocktails, and ideas for using and preserving them for optimal flavour. Sample Cole's own artisan cocktails made with locally distilled spirits and botanical ingredients, and learn home bar basics such as tools and techniques to get started. Ages 19+ only with valid government-issued photo ID.

Thu. Jul 6, 7 - 8:30 pm | Non-member \$45

Instructor: Cole Benoit

New! Creations from the Apothecaries' Garden

The Apothecaries' Garden was the corner-store of old. In this class we will explore a multitude of household products you can create from plants in your garden such as herbal tea blends, syrups, tinctures, household cleaners and first aid products. Learn the basics in preserving your edible bounty to retain the most nutrition. Finish off the class by making your own soothing gardener's hand salve to take home.

Wed. Jul 19, 6:30 - 9 pm | Non-member \$55

Instructor: Claire Smith

GARDENING & DESIGN

Members receive 10% off the non-member course fee.

Designing and Growing with Herbs

Herbs can be incorporated into an existing vegetable or ornamental garden, or grown in a dedicated herb garden. Learn how to design with the interesting textures and colours of herbs, companion planting, and more. Know which are annuals and which are perennials, which need containment, and the effects of flowering on the taste and growth of some herbs. Class will begin outside to explore VanDusen's herb garden and then move indoors for the discussion.

Wed. Apr 19, 6:30 - 9 pm | Non-member \$42

Instructor: Janis Matson

K-12 teachers are eligible for free gardening, botany and ecology courses. Call 604.718.5898 for info.

New! Planting for Successful Growth

Give plants the best possible start in your garden, and set them up for years of healthy growth. This class and Garden walk will explore best practices to encourage strong root growth, help plants get through summer drought, and more. Learn why it may not be optimal to overly enrich the soil prior to planting, bare root options, how to wean plants off water, and best times to plant different types of plants. Class will include outdoor demos of planting a tree, shrub and perennial.

Sat. Apr 22, 10 am - 12:30 pm | Non-member: \$42

Instructor: Casey Werfl

New! Attractive Edible Containers Workshop

Grow fruit, herbs, and vegetables in containers year round! Andrea will cover choosing and planting containers, keeping your container crops healthy, and the best varieties of edibles to create attractive combinations in pots. Class will touch on other small-space techniques such as succession sowing, vertical gardening, and season extension. To conclude, we'll plant containers with attractive and delicious edibles to take home. Container, soil, plants and seeds will be provided.

Sat. Apr 22, 1:30 - 3:30 pm | Non-member \$60

Instructor: Andrea Bellamy

Intro to Growing Organic Food

Learn the basics of good organic garden practices to grow great tasting food in your garden or balcony. From patio pots to community garden plots, you can reduce your grocery bill and improve your health through a bountiful harvest of organic vegetables. This class provides an overview of plant selection, soils, watering practices, attracting beneficial insects, and preventing pest and disease problems.

Wed. Apr 26, 6:30 - 9 pm | Non-member \$42

Instructor: Claire Smith

New! Veggies on Your Patio

This class is perfect for urban gardeners who want to get started with growing veggies in containers, but need tips on where to begin. Learn which vegetable varieties are best for patios or balconies, what the best soils and companion plants are, and which container pots to choose. Work in groups with Jennifer's assistance to design the layout of a container, to plant at home. Receive a mix of patio-appropriate veggie seeds to get started!

Sat. Apr 29, 1:30 - 4:30 pm | Non-member \$53

Instructor: Jennifer Lipka



New! Hanging Baskets for Beauty and Bounty

Mix in flowers with edibles in a hanging basket, attract pollinators, and enjoy a pretty tasty summer. Learn how to make a wire hanging basket and plant it with veggies, flowers and herbs. One complete basket will be made in class, showing wire weaving, best soil mixes, planting techniques, spacing and appropriate plant choices. The finished basket will be available for purchase at the end of class, and everyone will get some basket-appropriate seeds.

Wed. May 3, 6:30 - 8:30 pm | Non-member \$42

Instructor: Egan Davis

Introduction to Permaculture

Permaculture is a philosophy of working with, rather than against nature, maximizing useful connections between components of the landscape and the resulting synergy of the final design. This overview will cover the definitions, concepts and principles of permaculture. Participants will learn through lecture, discussion, observation of the patterns and relationships already present in nature, and a walkabout in the Garden where we can view space through the lens of permaculture to solidify what we learned in the classroom.

Sat. May 6, 10 am - 12:30 pm | Non-member: \$42

Instructor: Justin Schneider

Permaculture: Grow an Urban Food Forest

Take a deeper look into the concepts of permaculture, and learn how to design and create a diverse garden that yields food and provides habitat. This course will explore the layers of a food forest (including trees, shrubs and perennials), and will cover urban-appropriate species, natural plant communities and plant guilds. Includes a guided garden tour of plant species appropriate for an urban food forest, and what they can offer for food and habitat.

Sat. May 6, 1:30 - 4 pm | Non-member: \$42

Instructor: Justin Schneider



New! Spring Evening Garden Stroll with a Gardener

Enjoy the magic of VanDusen in the early evening with long-time staff gardener, Casey Werfl. The walk will highlight spring blooms, plant collections and landscapes that are particularly enchanting at this time of year. Prepare to walk throughout the Garden, to the Sino-Himalayan and Mekanopsis Dell, lesser-known areas and Casey's personal favourites. Walk is limited to 15 people, and will be entirely outside.

Wed. May 10, 6:30 - 8:30 pm | Non-member \$28

Instructor: Casey Werfl

Growing Plants without (much) Water

As the arid summer of 2015 showed us, changing climatic conditions can be a real challenge for gardeners. This class will clear up some facts on water use and plant needs, and explain why plants in nature live without supplementary irrigation. Egan will suggest the best plants to grow without irrigation, and how to maintain plants during the establishment period. He will also highlight some of the non-conventional planting techniques to ensure plant establishment that he has seen in his travels and tested in his work.

Thu. May 11, 6:30 - 8:30 pm | Non-member \$35

Instructor: Egan Davis

New! Grow Superfoods Anywhere

From kitchen counter to kitchen garden, discover easy ways to grow superfoods and learn why these nutritional powerhouses can be even more nutritious when grown at home. Whether you're looking for small nutritional boosts to your meals like microgreens and sprouts, or want to delve a little deeper into growing berries or leafy greens, there are plenty of ways to get creative with cultivating your own nutrient-packed edibles with ease.

Wed. May 17, 6:30 - 9 pm | Non-member \$42

Instructor: Claire Smith

New! Introduction to Vertical Gardening

As cities densify and large yards become scarce, vertical gardening becomes the best option for expanding our useable space. Vertical gardens are beautiful, creative additions to your home, bringing nature into unlikely locations. Explore living walls and green facades, and the systems used to implement them. Learn principles of setting up a successful vertical garden in common locations such as fences, walls or patio banisters, and which plants are most suitable for indoor or outdoor vertical gardens. Leave class feeling inspired to transform your space into a natural work of art!

Wed. May 24, 6:30 - 9 pm

Non-member \$42 | Instructor: Dr. Yael Stav

*Members receive 10%
off the non-member
course fee.*

New! Plants for Interest and Pizzazz in your Garden

Flowers, foliage, berries and bark can all bring colour and visual interest to your garden year-round. Learn how to design with diverse combinations of colours and patterns to add playful and bold features to your garden. Course includes a walk and talk in the Garden.

Wed. May 31, 6:30 - 9 pm | Non-member \$42

Instructor: Janis Matson

Members receive 10% off the non-member course fee.



Photo: Tania Clarke

Designing for Scent in the Garden

Few things are as powerful as smell for evoking memories and influencing mood. Discover the flowers and foliage from herbs and ornamentals that emit scent freely, when stepped on or brushed past. Learn how to incorporate fragrance from plants into your outdoor entertaining space or entranceway.

Wed. Jun 7, 6:30 - 9 pm | Non-member \$42

Instructor: Janis Matson

New! Edible Wall and Fence Gardens

Sunlit walls and fences can be an ideal location to grow vegetables and herbs, even in high density areas. Learn which vertical gardening methods are most suitable for edibles, while taking into consideration challenges with sun, wind, soil and irrigation. Discover some of the most suitable types and combinations of vegetables and herbs for your location and taste.

Thu. Jun 8, 6:30 - 9 pm | Non-member \$42

Instructor: Dr. Yael Stav

Summer Pruning

Take a seasonal look at pruning and learn why, where, and how to cut plants, and how they will respond. Learn to prune before plants set flowers for the following year, how to decrease suckering by slowing the plant's response to pruning, and why thin-barked trees such as Japanese maple, birch and magnolias are pruned in summer. Class includes a walk in the Garden to demo proper techniques and observe the results of past pruning. Max. 15 students.

Sat. Jun 10, 10 am - 2 pm | Non-member \$80

Instructor: Casey Werfl

Herbs for Every Season

Enjoy your own home grown herbs all year. This class will focus on the best techniques to grow, harvest, use and store herbs to maximize flavour and nutritional value. Learn how to get the most out of herbs, whether you grow them for culinary flavour, medicinal benefits, or as everyday cleaning products around the home. Each participant will make an herbal vinegar from herbs donated by Westham Island Herb Farm.

Wed. Jun 14, 6:30 - 9 pm | Non-member: \$45

Instructor: Claire Smith

Drought Tolerant Gardening

Water is precious, and often very limited in the summer. This class explores how to maintain a beautiful garden under low water conditions. The class will be primarily outside in the Garden to observe plants and their responses to the climate and horticultural practices in action. Learn how to work with what you've got at your site, as well as great plant selections - from roses to herbs.

Wed. Jul 5, 6:30 - 9 pm | Non-member \$42

Instructor: Janis Matson

New! From Seed to Harvest: Make the Most of your Urban Garden

Growing food from seed is the least expensive and most rewarding way to plant your vegetable garden. During this interactive talk, you'll learn which seed varieties to choose, how to plant and grow them on a balcony, as well as selecting water-wise choices that can survive dry summers. Explore year-round veggie options, and taste and examine different samples of home grown veggies such as beans, peas, carrots and beets. Finally, visit VanDusen's veggie garden to have a look at what's growing and inspire your gardening plans for next season.

Sat. Jul 8, 9:30 am - 12:30 pm | Non-member \$50

Instructor: Jennifer Lipka

Eat from your Garden Year-round

If you want to grow food beyond the fall harvest, now is the time to plan and begin planting! Learn what to grow and when to sow your winter garden and how to prevent common problems that the winter garden faces. This course covers the best locations for your winter growing season, and strategies to increase yield and protect plants. Class takes place indoors and outside in VanDusen's herb garden to explore how herbs can be powerhouse additions to your garden and your diet.

Sat. Jul 15, 9:30 am - 12:30 pm

Non-member: \$50

Instructor: Claire Smith

*K-12 teachers are eligible
for free gardening, botany
and ecology courses.
Call 604.718.5898 for info.*

All about Perennials

Spend the evening outside in the Perennial and Black Gardens. Using living examples, VanDusen gardener Casey Werfl will discuss how to add perennials to established gardens to increase seasonal changes in colour, texture, and form. See which plants become stronger (= less staking) from being cut back early, and which can be convinced to bloom a second time. Class will also cover how to care for your perennials from spring through fall. Class is entirely outside and limited to 15 participants.

Wed. Jul 26, 6:00 - 8:30 pm | Non-member \$42

Instructor: Casey Werfl

Knee Deep in the Organic Veggie Garden

This course will take place entirely outside in VanDusen's vegetable garden, giving participants a living window of knowledge into a food garden. Claire will use garden examples to discuss: which pests and diseases are a concern and how they are dealt with organically, harvest techniques and timing, good companions in the garden, and which plants are doing double duty as a beneficial insect attractant, natural pest repellent, or soil improver. Learn great ideas, solutions, and how to implement them in your own garden. Limited to 15 students. Class starts with a 20 minute walk to the veggie garden.

Wed. Aug 16, 6:30 - 9 pm | Non-member \$45

Instructor: Claire Smith

BOTANICAL ART

Members receive 10% off the non-member course fee.

New themes! Chigiri-e Paper Art for Beginners:

Chigiri-e is a Japanese art form using pieces of hand-dyed washi paper to create beautiful and detailed images. The result can resemble a watercolour painting with a delicate texture. Leanne will provide a step-by-step introduction to the technique, and guide you through completing an image. Supplies included. Class limited to 10 students.

Three different sessions are available with seasonally appropriate themes.

Cherry Blossoms: Thu. Apr 13, 1:30 - 4 pm

Spring Bouquet: Thu. May 18, 1:30 - 4 pm

Tranquil Landscape: Thu. Jun 15, 1:30 - 4 pm

Cost per session: Non-member \$65

Instructor: Leanne Hildebrand





Chigri-e artwork by Leanne Hildebrand

New! How to Draw Plants

Improve your drawing skills for journaling, teaching, or pure enjoyment. Drawing directly from nature is about observing plants to identify shapes, spaces between shapes, edges and scale. Learn how to create the illusion of depth, and make observational drawings looking at plants from different aspects. Study will be inside the classroom, and outside in the Garden.

Thu. Apr 20, 27, May 4 & 11 (4 classes), 1:30 - 4 pm

Non-member \$140 | Instructor: Katharine Dickinson

Botanical Illustration

This six-session course is ideal for anyone wishing to learn or improve upon a range of skills relating to botanical drawing. Through step-by-step instructions, students will learn how to hone their observational skills and progress through botanical drawing projects using pencil, pen and colour wash. Katharine will guide students through demonstrations on a variety of botanical illustration techniques both in the classroom and outdoors when weather permits. Limited to 15 students. Supplies not included - a list can be provided upon request.

Fri. Apr 21, 28, May 5, 12, 19 & 26, (6 classes) 10 am - 12:30 pm

Non-member \$210 | Instructor: Katharine Dickinson

New! Creative Photography Principles

Enjoy the beautiful setting of the Garden while you hone your photography skills, whether it's for your own enjoyment or working towards entering competitions. Melissa will discuss the most important elements and principles of what makes a great photograph, guide students through practical exercises and spend plenty of time in the Garden to practice skills. Gain valuable input during a feedback session, and finish class feeling more confident in your photography skills. Bring your own camera, with user manual (if possible), and an empty memory card. Bring a lunch and dress for the weather.

Sat. Apr 22, 10:30 am - 4 pm

Non-member \$69

Instructor: Melissa Clark

*Members receive 10%
off the non-member
course fee.*

Painting Spring with Watercolour

Express the colours of the season through watercolour. Susan's group and individual instruction ensures that each participant can progress at their own pace as they work on techniques such as layering of colour, wet into wet, dry brush, splattering and using salt. Fresh plant material from the Garden will be provided or you may bring in your own. All levels are welcome. Supplies are not included - a supply list can be provided upon request. Limited to 15 students.

Thu. Apr 27, May 4, 11, 18 and 25 (5 classes), 10 am - 12:30 pm

Non-member \$195

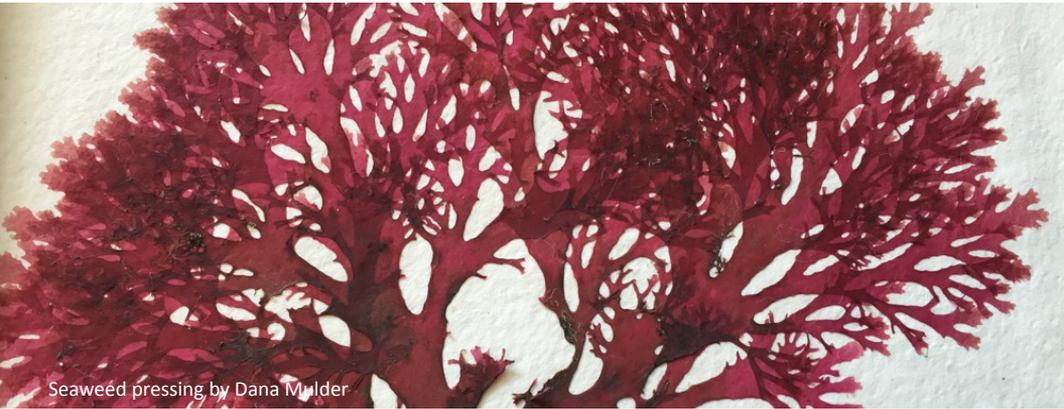
Instructor: Susan Pearson

New! Seaweed Pressing Workshop: Preserving Botanical Specimens

Learn to press and preserve gorgeous seaweeds in a variety of colours, textures and sizes. We will identify some common West Coast species, learn how to ethically collect your harvest, and store it. Create three mounted specimens in a DIY plant press to take home. All supplies and specimens are provided.

Sat. May 27, 10:30 am - 12 pm | Non-member \$50

Instructor: Dana Mulder



Seaweed pressing by Dana Mulder

Flower Photography

Flowers possess more photographic possibilities than may initially meet the eye. This workshop will cover many of the technical and aesthetic aspects of flower photography and will greatly increase the satisfaction you derive from your own flower pictures. All skill levels welcome. Workshop combines lecture, taking photos outdoors in the Garden and a feedback session. Bring your camera with a blank memory card. Dress for the weather and bring a lunch.

Sat. May 27, 10:30 am - 4 pm | Non-member \$69

Instructor: Ron Long



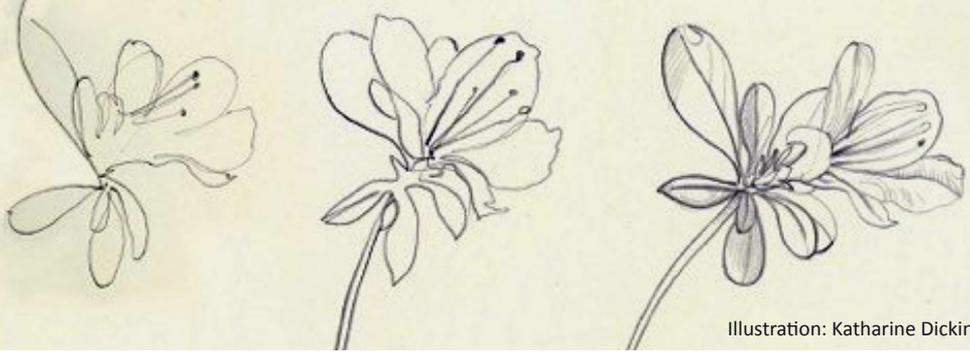


Illustration: Katharine Dickinson

New! Drawing Flowers

Improve your drawing skills and capture a realistic depiction of a flower. Instructor demos will guide you through different exercises to study a flower's posture and character through line, shape and structural angle. Experiment with watercolour washes, and mixing colour to match the flower's natural colours. Class will be both inside the classroom and out in the Garden. Bring a 14x11 multimedia paper sketchbook, a regular sketchpad, and a 2B or HB pencil. We supply the paint, palettes and brushes.

Fri. Jun 23, 10 am - 2 pm | Non-member \$65

Instructor: Katharine Dickinson

New! Watercolour: Focus on Flowers

Express the natural beauty of flowers through watercolour. Susan's group and individual instruction ensures that each participant can progress at their own pace as they work on techniques such as layering of colour, wet into wet, dry brush, splattering and using salt. Fresh plant material from the Garden will be provided or you may bring in your own. All levels are welcome. Supplies not included - a supply list can be provided upon request. Limited to 15 students.

Thu. June 8, 15 & 22 (3 classes), 10 am - 12:30 pm | Non-member \$100

Instructor: Susan Pearson

New! Drop-in Plein Air Watercolour

For intermediate students looking to practice their watercolour skills outdoors. Susan's group and individual instruction ensures that each participant can progress at their own pace as they develop their technique. Supplies are not included. Bring an easel or painting board - an additional supply list can be provided upon request. Folding chairs will be available. Limited to 12 students, pre-registration required at least 48 hrs prior to session. Fee includes Garden admission.

Thu. Jul 6, 13, 20 & 27, 9:30 am - 12:30 pm

Single drop-in fee: Non-member \$46

Four classes (save 10%): Non-member \$165

Instructor: Susan Pearson

New this season!

MultiPasses for Yoga and Fitness

To make it easier to attend classes in a way that best suits your schedule, we are introducing MultiPasses that can be used for yoga AND fitness classes – feel free to mix and match, and try something new! Don't want to buy a pass? No problem, single drop-in fees are still available: \$20 for non-members, 10% off for members. **NOTE:** due to increasing popularity, we highly recommend registering in advance as a drop-in at least 24 hours in advance.

Purchase 6 or 12 sessions in advance (expires one year after the first class use)

Yoga and Fitness MultiPass 6 (save 10% off drop-in fees): Non-member \$108

Yoga and Fitness MultiPass 12 (save 15% off drop-in fees): Non-member \$204

Members receive 10% off the non-member fees.

MultiPasses can be purchased online or by phone. Use your pass to register for classes in advance online, or call 604-718-5898.

Brain and Body Workout for Boomers and Beyond

This class, designed by Kinesiologists and Occupational Therapists, is an evidence-based program to improve both physical and brain conditioning by combining physical movement and exertion with coordination, rhythm, strategy, creativity, and dual task/executive function exercises.

Tuesdays, May 9 - Jun 13 (6 classes), 10:30 - 11:30 am

Instructor: Love Your Age Fitness

Better Balance Workout for Seniors

This is a gentle class for all levels, focused on balance and mobility for fitness and for preventing falls. Exercises can be done seated or standing, and participants will increase their functional strength and mobility, core stability, lower body strength, and improve their balance.

Wednesdays, May 10 - Jun 14 (6 classes), 12 - 12:45 pm

Instructor: Love Your Age Fitness

Yin Yoga and Meditation

Yin yoga is a slow-paced style of yoga that focuses on stimulating the connective tissues of the body with the intention of increasing circulation in the joints and improving flexibility. The slow, mindful nature of yin yoga blends perfectly with a meditation practice. Bring a yoga mat, any props you may wish to use, and a light blanket or towel. Class takes place in the beautiful VanDusen Guides Classroom and may go out in the Garden when the weather permits.

Mondays, May 15 - Jun 26 (6 classes, no class May 22) 10:15 - 11:30 am

Instructor: Cristina Friere

New! Yin Yoga in the Garden

Enjoy yoga under the trees. Yin yoga is a slow-paced style of yoga that focuses on stimulating the connective tissues of the body with the intention of increasing circulation in the joints and improving flexibility. Suitable for beginners or students seeking a slower, more meditative practice. Bring a yoga mat, any props you may like to use, and extra layers for cooler weather. In case of rain, class will take place indoors. Meet in the Visitor Centre Entrance Hall 10 minutes early.

Mondays, Jul 10 - Aug 21 (6 classes, no class Aug 7) 10:15 - 11:30 am

Instructor: Cristina Friere

REGISTRATION

Members receive 10% off the non-member course fee.

Advance Registration is recommended for all programs

- **Option 1:** Go online at www.vandusengarden.org/register
- **Option 2:** Call 604-718-5898 between Tues. - Fri., 10 a.m. - 4 p.m. and have your credit card ready.

Cancellation and Refund Policy

- **Two weeks notice:** receive a refund, less a \$15 administration fee.
- **One week notice:** no refunds, but will receive a credit towards a future course, less a \$10 administration fee.
- **Less than one week:** no refunds or credit will be given.
- **Transferring to another course** is subject to a \$10 administration fee.

*Read about our instructors
at vandusengarden.org/learn/instructors*



April

- 13 Chigiri-e Paper Art for Beginners: Cherry Blossoms
- 19 Designing and Growing with Herbs
- 20 How to Draw Plants
- 21 Botanical Illustration for Beginners
- 22 Attractive Edible Containers Workshop
- 22 Creative Photography Principles
- 22 Planting for Successful Growth
- 26 Growing Organic Food
- 27 Painting Spring with Watercolour
- 29 Veggies on your Patio
- 30 Introduction to Bird Watching

May

- 3 Hanging Baskets for Beauty and Bounty
- 6 Introduction to Permaculture
- 6 Permaculture: Grow an Urban Food Forest
- 9 Brain & Body Workout for Boomers and Beyond
- 10 Better Balance Workout for Seniors
- 10 Spring Evening Garden Stroll with a Gardener
- 11 Growing Plants without (much) Water
- 13 All About Seeds
- 15 Yin Yoga and Meditation
- 17 Grow Superfoods Anywhere
- 18 Chigiri-e Paper Art for Beginners: Spring Bouquet
- 24 Introduction to Vertical Gardening
- 27 Flower Photography
- 27 Seaweed Pressing Workshop: Preserving Botanical Specimens
- 31 Plants for Interest and Pizzazz in your Garden

June

- 7 Designing for Scent in the Garden
- 8 Watercolour: Focus on Flowers
- 8 Edible Wall and Fence Gardens
- 10 Summer Pruning
- 14 Herbs for Every Season
- 15 Chigiri-e Paper Art for Beginners: Tranquility
- 17 Helping Bees in your Urban Garden
- 23 Drawing Flowers

July

- 5 Drought Tolerant Gardening
- 6 Mixology and your Garden
- 6 Drop-in Plein Air Watercolour
- 8 From Seed to Harvest: Make the most of your Urban Garden
- 10 Yin Yoga in the Garden
- 15 Eat from your Garden Year Round
- 19 Creations from the Apothecaries' Garden
- 26 All About Perennials
- 29 Know your Bees of BC

August

- 16 Knee Deep in the Organic Veggie Garden
- 19 Soil Stroll

K - 12 teachers are eligible for free botany, ecology and gardening classes. Call 604.718.5898 for info.