



Bloedel
CONSERVATORY

Vancouver
Botanical
Gardens
Association

ADULT EDUCATION

March - August 2018



Ptilotus exaltatus Photo: Tania Clarke

5251 Oak St. at West 37th Ave, Vancouver BC V6M 4H1
Bloedel Conservatory: at the top of Queen Elizabeth Park
www.VanDusenGarden.org

BOTANY & ECOLOGY



Expanded! Intro to Backyard Beekeeping

Join BC bee expert Brian Campbell for this two-part introduction to honeybees and how to keep a hive of honeybees in an urban environment. He will give an overview of bee biology, bee and hive behaviour, threats such as mites, and more. Learn what is required to keep bees in the city, the essential equipment and tools, and where to find them.

Sun. Mar 18 & 25, 10 am - 12:30 pm | Member \$72 / Non-member \$80

Instructor: Brian Campbell

Introduction to Bird Watching

Long-time birding guide Jeremy Gordon is back with this seasonal favourite! During this introduction, he will discuss best birding resources such as binoculars and field guides, share tips on how to identify birds, and highlight hot birding spots in Vancouver. Following the one hour indoor presentation, he will take the class out for a walk through the Garden to look for birds and put newly-learned ID skills to use. Dress for the weather, bring binoculars and a field guide if you have them. Class is limited to 18 people.

Sun. Apr 22, 10 am - 12:30 pm | Member \$36 / Non-member \$40

Instructor: Jeremy Gordon

All About Seeds

Dig deeper into the tiny world of seeds and explore seed botany. We'll look at a variety of seeds including vegetable, flower, edible seeds and sprouts, and learn about harvesting your own seeds. Examine seeds and sprouts under our microscopes as we discuss pollination, sprouting, fruiting and produce. This will be a fun, hands-on class to give you a better understanding of the cycle and process of plant growth.

Sat. May 12, 1:30 - 4 pm | Member \$31.50 / Non-member \$35

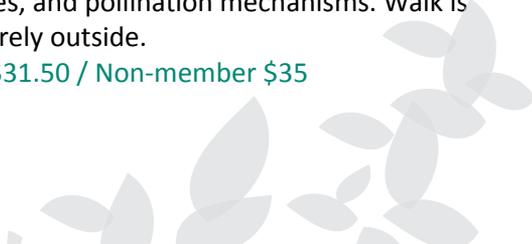
Instructor: Jennifer Lipka

Bee ID Walk and Talk

There are more than 450 species of bees in BC! Walk with renowned bee expert, Brian Campbell, and explore the differences between mason bees, bumblebees, honeybees and more. As you walk around the rich bee habitat of VanDusen, you will observe bee biology and natural history, such as foraging, nest types and locations, interactions with other bees, and pollination mechanisms. Walk is limited to 16 people, and will be entirely outside.

Sat. May 26, 1 - 3:30 pm | Member \$31.50 / Non-member \$35

Instructor: Brian Campbell



New! Botany and Birds Walk on Bowen

Explore Bowen Island's botanical and ornithological diversity around Killarney Lake as you walk through mature secondary growth forest, shoreline and riparian communities, and along the boardwalk covering marsh and swamp. Led by VBG Education Director, Gillian, and birding guide, Richard, this tour will take a closer look at many B.C. native birds, ferns, trees, and more. Tour will start at the library, 30m from the ferry dock (no car needed), and will finish in time to board the 1:10 pm ferry back to Horseshoe Bay. Consider making a day of it and visit Bowen's many cafes, shops and galleries within easy walking distance of the ferry. Please note, course fee does not include ferry fees.

Sun. May 27, 9:30 am - 12 pm | Member \$27 / Non-member \$30

Instructors: Gillian Drake & Richard Wing



New! Get to Know Your Pollinators

Go beyond the bees and butterflies and discover the immense world of pollinators that can visit your garden! This interactive walk will touch on pollinator ID, and basic gardening tips such as best flower choices, bee baths, and soil care strategies. We will also visit the Pollinator Garden across the street in Oak Meadows Park. Walk is limited to 16 people, and will be entirely outside.

Sun. Jun 10, 1 - 3:30 pm | Member \$27 / Non-member \$30

Instructor: Brian Campbell

Bumblebee ID and Nest Building Workshop

This class will explore bumblebee ID, natural history of native bumblebees and how you can support them in an urban environment. We will begin with a walk in the Garden to observe the local bee population, and then conclude with participants making simple bumblebee nests for their own garden. Supplies included.

Sat. Aug 11, 1 - 4 pm

Member \$31.50 / Non-member \$35

Instructor: Brian Campbell

*K-12 teachers are eligible
for free Gardening, Botany
and Ecology courses.
Call 604-718-5898 for info.*

PLANTS & PEOPLE

New! Wild, Edible and Medicinal Plant Walks

with Lori Snyder, Indigenous herbalist and educator

Explore the Garden from a First Nations perspective as you identify plants in VanDusen's collections, including native species that are edible and/or medicinal. Find out how to best use them, when to harvest and what can be made with them. Acquire a deeper understanding and appreciation for the plants around us. There are two walks scheduled this spring.

Sat. Mar 17, 10 am - 12 pm | Tues. Jun 5, 6:30 - 8:30 pm

Cost per walk: Member \$22.50 | Non-member \$25

New! Herbs for Digestion

This informative talk on herbal medicines for digestive health will discuss how certain herbal medicines can assist digestion through various actions. Explore the benefits of some common spices and carminative (reduces bloating) rich herbs, and learn the effects of bitter and demulcent (anti-inflammatory) herbs. Participants will sample a digestive tea and demulcent mixture and will take home a small bag of a carminative digestive spice blend.

Wed. Mar 28, 7 - 9 pm | Member \$31.50 / Non-member \$35

Instructor: Katolen Yardley

New! Apple Cider Vinegar Tincture Making

Discover how easily an herbal vinegar infusion can be made at home, while learning what plants are best to harvest and infuse for their beneficial mineral content. Lori Snyder, an Indigenous Herbalist, will share the importance of minerals for our health, explain the nutritional properties of vinegar, and lead a hands-on demonstration. Using wild plants (weeds), you will make your own apple cider vinegar tincture to take home. Supplies included.

Sat. Apr 7, 10 am - 12 pm

Member \$31.50 / Non-member \$35

Instructor: Lori Snyder

New! Enhance your Food with Herbal Powders

Discover how to get the nutritional and healing benefits of herbs into your diet with herbal powders - finely milled plant material such as leaves, bark, flowers and berries. Learn how to incorporate them into daily meals for your family with delicious recipes! Katolen will discuss the benefits of various herbal powders and where you can purchase them. Together we'll create and sample Herbal Energy Power Balls, Herbal Immune Enhancing Hummus, and Delicious Herbal Fudge Dessert.

Sat. Apr 21, 1:30 - 4 pm | Member \$36 / Non-member \$40

Instructor: Katolen Yardley

New! Herbal Salve Making Workshop

Explore the practice of medicine making during this hands-on workshop lead by Lori Snyder, Indigenous herbalist and educator. Learn what plants are best suited to medicinal infusions, when to harvest them and how to prepare and store them appropriately. Participants will make their own salve ointments with plant infused oils and beeswax, ideal for treating cuts, wounds, scrapes, sunburned skin, dry hands and chapped lips. All supplies included, maximum 20 participants.

Sat. May 12, 10 am - 12 pm | Member \$31.50 / Non-member \$35

Instructor: Lori Snyder

New! Herbs for Women's Health

This introduction to some unique herbs used specifically for women's health will cover common herbs used for reproductive wellness through all phases of a woman's life. We will discuss medicinal properties and administration routes of these plants, as well as some recent scientific studies, while we sample some herbal products.

Thu. May 17, 7 - 9 pm | Member \$31.50 / Non-member \$35

Instructor: Katolen Yardley

New! Herbs Throughout History

Trace the use of herbal medicines throughout history and different cultures during this evening of storytelling and folklore. Katolen will discuss influential herbalists such as Hildegard, Galen and Hippocrates, and will focus on some important plants and their uses from traditional, to current scientific studies. Leave with a greater understanding of how plants play an important role in our society and health.

Thu. May 24, 7 - 9 pm | Member \$31.50 / Non-member \$35

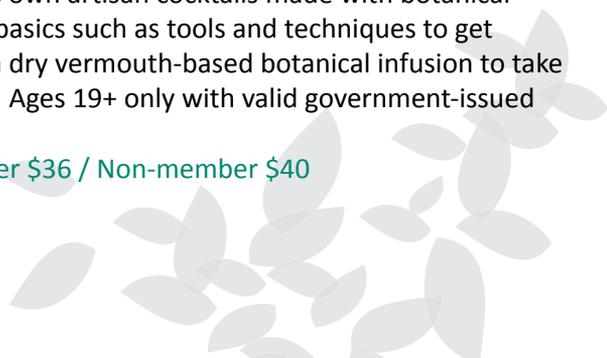
Instructor: Katolen Yardley

Mixology and your Garden

With summer upon us, it's a perfect time to broaden your entertaining toolkit with some botanical cocktails ideas! Cole will discuss botanicals you can grow in your home garden for cocktails, and ideas for using and preserving them for optimal flavour. Sample Cole's own artisan cocktails made with botanical ingredients, and learn home bar basics such as tools and techniques to get started. ***New this season:*** Make a dry vermouth-based botanical infusion to take home and try in your own drinks! Ages 19+ only with valid government-issued photo ID.

Thu. Jun 21, 7 - 8:30 pm | Member \$36 / Non-member \$40

Instructor: Cole Benoit



New! Medicinal Plant Walks

with Katolen Yardley, Medical Herbalist, MNIMH, RHT, RH (AHG)

July walk: Wed. Jul 18, 6:30 - 9 pm A guided walk through the Garden where we will identify some local and non-local flowers, herbs, shrubs, trees and common weeds, and discuss some of their medicinal properties.

August Walk: Wed. Aug 8, 6:30 - 9 pm We will identify plants growing in August and familiarize ourselves with some of their medicinal properties. This walk will also discuss folklore and common applications of these valuable plants traditionally used for medicines.

Cost per walk: Member \$27 / Non-member \$30

GARDENING & DESIGN

New! Janis' Top Plants for Stand-out Gardens

Flowers, foliage, berries and bark can all bring stunning colour and visual interest to your garden year-round. Janis will share her favourite plants that can add playful and bold features to your garden and make it stand out from the crowd. Class includes a short walk in the Garden for a look at what's growing.

Wed. Mar 14, 6:30 - 9 pm | Member \$27 / Non-member \$30

Instructor: Janis Matson

Veggies on Your Patio

This class is perfect for urban gardeners who want to get started with growing veggies in containers, but need tips on where to begin. Learn which vegetable varieties are best for patios or balconies, what the best soil mixes and companion plants are, and which container pots to choose. Work in groups with Jennifer's assistance to design the layout of a container, to plant at home. Receive a mix of patio-appropriate veggie seeds to get started!

Sat. Mar 17, 1:30 - 4 pm | Member \$36 / Non-member \$40

Instructor: Jennifer Lipka



New! Home-grown Microgreens

Microgreens are a fantastic way to add a boost of tasty nutritious greens to many meals, from smoothies to soups, salads and more. They can also be an attractive, natural addition to your home environment! Join Yael for an interactive session on how to grow your own series of greens at home while taking aesthetics into account. We will look at a variety of planting options and absolute must-haves for growing microgreens with optimal nutritional value. To help get you started, you will prepare your own microgreen tray to take home. Supplies included.

Wed. Apr 4, 6:30 - 9 pm | Member \$36 / Non-member \$40

Instructor: Dr. Yael Stav

New! Design Your Sustainable Property

Learn how to design and create a diverse landscape that yields food, provides habitat, and looks beautiful. Exploring principles of permaculture design, you will learn how to survey the land, maximize useful connections in the landscape, and how to select appropriate plant species. Use practical mapping and design methods in class to create your own personalized plan.

Sun. Apr 8, 9:30 am - 12:30 pm | Member: \$31.50 / Non-member: \$35

Instructor: Justin Schneider

New! Small Scale Garden Design for Urban Living

Join Janis for a fun and informative evening with plenty of ideas to spice up your small urban garden and set it up for a successful season. Design will be the main focus of the class, with tips on container options, interesting decorative features, and best plants for small spaces. Janis will also touch on working with challenging sunlight exposure, best watering and fertilizing practices, and how to deal with pests that can quickly take over a small space garden.

Wed. Apr 18, 6:30 - 9 pm | Member \$31.50 / Non-member \$35

Instructor: Janis Matson

Planning a Successful Planting Season

Give plants the best possible start in your garden, and set them up for years of healthy growth. This class and Garden walk, led by VanDusen gardener Casey Werfl, will explore best practices to encourage strong root growth, help plants get through summer drought, and more. Learn why it may not be optimal to overly enrich the soil prior to planting, bare root options, how to wean plants off water, and best times to plant different types of plants. Class will include outdoor demos of planting a tree, shrub and perennial.

Sat. Apr 21, 9:30 am - 12:30 pm

Member \$36 / Non-member \$40

Instructor: Casey Werfl

K-12 teachers are eligible for free Gardening, Botany and Ecology courses. Call 604-718-5898 for info.

New! Emerging Spring Garden Stroll

Join Egan Davis for a fun and informative walk through the fabulous early spring Garden. Observe this unique time of year when herbaceous plant foliage is just starting to show, revealing beautiful autumn-like pigments that emerge for a short time before chlorophyll takes over. Egan will weave stories and interesting facts amongst participants' questions as you explore the famous Rhododendron Walk as well as some of the off-the-beaten-track areas of the Garden. Limited to 16 participants.

Sat. Apr 21, 10 am - 12 pm | Member \$22.50 / Non-member \$25

Instructor: Egan Davis

New! Sustainable Composting for Urban Living

Home composting converts a significant portion of your household waste, up to 35%, into healthy soil. If you've been putting off creating a home composting routine beyond your city pick-up, or are not sure where to start, then this is the course for you. Discover the importance and advantages of domestic composting while learning practical applications that you can easily integrate into your daily routine. Yael will discuss key principles, vermicomposting, and how to design an aesthetically pleasing compost station, with options for small spaces.

Wed. Apr 25, 6:30 - 9 pm | Member \$27 / Non-member \$30

Instructor: Dr. Yael Stav

New! Culinary Hanging Basket Workshop

Mix in flowers with edibles in a hanging basket, attract pollinators, and enjoy a pretty tasty summer. Learn how to plant an edible hanging basket with an attractive combination of flowers and herbs. Together we'll each plant our own basket to take home while Egan discusses best soil mixes, planting techniques, spacing and appropriate plant choices. Limited to 15 students. Course fee includes basket and plant material. Bring a box to take home your creation!

Wed. May 2, 6:30 - 8:30 pm | Member \$58.50 / Non-member \$65

Instructor: Egan Davis



New! Going up: Vines and Climbers

The art of vertical gardening can be displayed in many forms. Break away from the ground, and 'go up' as you discover the design possibilities with vines and other elegant climbers, from common varieties to lesser-known beauties. Janis will offer an extensive plant list and discuss how they grow, and what they need in terms of structural support, general maintenance and pruning. She will also highlight blooming times and unique features such as fragrance, colour and texture.

Thu. May 3, 6:30 - 8:30 pm | Member \$31.50 / Non-member \$35

Instructor: Janis Matson

Attractive Edible Containers Workshop

Grow fruit, herbs, and vegetables in containers year round! Andrea will cover choosing and planting containers, keeping your container crops healthy, and the best varieties of edibles to create attractive combinations in pots. Class will touch on other small-space techniques such as succession sowing, vertical gardening, and season extension. To conclude, we'll plant containers with attractive and delicious edibles to take home. Container, soil, plants and seeds will be provided. Limited to 15 students.

Sat. May 5, 1:30 - 3:30 pm | Member \$54 / Non-member \$60

Instructor: Andrea Bellamy

Introduction to Vertical Gardening

As cities densify and large yards become scarce, vertical gardening becomes the best option for expanding our useable space. Vertical gardens are beautiful, creative additions to your home, bringing nature into unlikely locations. Explore living walls and green facades, and the systems used to implement them. Yael will discuss how to plant in common locations such as fences, walls or patio banisters, and which plants are most suitable for indoor or outdoor vertical gardens. Together with Yael, you will learn how to transform a recycled wood pallet into a vertical garden, which will be available for purchase by donation (min. \$40). All proceeds go back into Garden programming. Leave class feeling inspired to transform your space into a natural work of art! Limit 18 students.

Wed. May 16, 6:30 - 9 pm | Member \$40.50 / Non-member \$45

Instructor: Dr. Yael Stav

Spring Evening Garden Stroll with a Gardener

Enjoy the magic of VanDusen in the early evening with long-time staff gardener, Casey Werfl. The walk will highlight spring blooms, plant collections and landscapes that are particularly enchanting at this time of year. Prepare to walk throughout the Garden, to the Sino-Himalayan and Mecanopsis Dell, lesser-known areas and Casey's personal favourites. Limited to 16 people.

Wed. May 23, 6 - 8:30 pm | Member \$27 / Non-member \$30

Instructor: Casey Werfl

New! Drip Irrigation Systems: How to DIY

With climate change making our summers drier and longer, the need to water our plants in a responsible way is more important than ever. In this hands-on workshop, learn about the various options for water-wise irrigation, and the benefits of using drip systems around your garden, no matter the size. We will practice irrigation planning in different scenarios, from large gardens to patio containers. Together we will work on assembling a sample system, while learning about components, installation, and where to purchase parts. Leave class feeling confident to plan and assemble your own system!

Wed. Jun 6, 6:30 - 9 pm | Member \$36 / Non-member \$40

Instructor: Dr. Yael Stav

New! Year-round Gardening with Succulents

Succulents are very popular plants for good reason: they grow in a huge variety of gorgeous shapes and colours, can often be low-maintenance, and are drought tolerant. With a focus on year-round growing and xeriscaping (water-wise landscape design), Janis will discuss some of her favourite succulents, both hardy and non-hardy varieties, best ways to plant them, creative design ideas for beds, borders and containers, and how to make sure they'll stay healthy for the long term. You'll be ready to add summer splashes and year-round fun to your garden this summer!

Wed. Jun 13, 6:30 - 9 pm | Member \$36 / Non-member \$40

Instructor: Janis Matson



Practical Summer Pruning

Take a seasonal look at pruning and learn why, where, and how to cut plants, and how they will respond. Learn to prune before plants set flowers for the following year, how to decrease suckering by slowing the plant's response to pruning, and why thin-barked trees such as Japanese maple, birch and magnolias are best pruned in summer. Most of this course will be in the Garden to demonstrate proper techniques and observe the results of past pruning.

Sat. Jun 16, 10 am - 1:30 pm | Member \$63 / Non-member \$70

Instructor: Casey Werfl

Edible Wall and Fence Gardens

Sunlit walls and fences can be an ideal location to grow vegetables and herbs, even in high density areas. Learn which vertical gardening methods are most suitable for edibles, while taking into consideration challenges with sun, wind, soil and irrigation. Discover some of the most suitable types and combinations of vegetables and herbs for your location and taste. Yael will demonstrate how to plant a garden using a recycled wood pallet that can be mounted to a wall or fence. The planted pallet will be available for purchase by donation (min. \$40). All proceeds go back into Garden programming.

Wed. Jun 20, 6:30 - 9 pm | Member \$40.50 / Non-member \$45

Instructor: Dr. Yael Stav

New! Celebrate Summer Garden Stroll

Spend a summer evening in VanDusen with Egan, exploring some of his favourite 'hidden' spots in the Garden at this time of year. Whether you are new to the Garden or have been visiting for years, Egan will surely delight you with fascinating facts and unique stories thanks to his extensive history of working and teaching at the Garden. Maximum 16 participants.

Wed. Jun 27, 6:30 - 8:30 pm | Member \$22.50 / Non-member \$25

Instructor: Egan Davis

Summer Evening Perennial Walk

Spend the evening outside in the Perennial and Black Gardens. Using living examples, VanDusen gardener Casey Werfl will discuss how to add perennials to established gardens to increase seasonal changes in colour, texture, and form. See which plants become stronger (= less staking) from being cut back early, and which can be convinced to bloom a second time. Class will also cover how to care for your perennials from spring through fall. Class is entirely outside and limited to 16 participants.

Wed. Jul 18, 6:00 - 8:30 pm | Member \$27 / Non-member \$30

Instructor: Casey Werfl

Gardening with Native Plants

About 2,500 species of plants are native to BC! Many are naturally programmed to withstand rainy winters and dry summers, making them ideal additions to local gardens. In this class, Janis will help you understand the similarities between the conditions in your garden and local natural areas, and how to integrate native plant species into your garden this season for stylish and low maintenance results. Class includes a walk to view our own collection of native plants in the Cascadia Garden beds that surround the Visitor Centre.

Thu. Jul 19, 6:30 - 9 pm | Member \$31.50 / Non-member \$35

Instructor: Janis Matson

New! How Does your Organic Garden Grow?

During this interactive course, taste and examine different samples of fresh home grown veggies such as beans, peas, carrots and beets while we explore best practices for a successful organic garden. Learn about interesting seed varieties, soil improvement, harvest techniques and timing, organic growing methods that deter pests, as well as water-wise choices that can survive dry summers. We'll also spend plenty of time at VanDusen's own veggie garden to see what's growing, and help inspire your gardening plans for next season.

Sat. Jul 28, 9:30 am - 12:30 pm | Member \$36 / Non-member \$40

Instructor: Jennifer Lipka

New! Veggie Gardening for Year-round Harvest

The end of summer doesn't have to mean the end of your edibles! Join Jennifer for an afternoon of learning what and how to plant for continuous harvest this winter, and discovering some of the best varieties of veggies for the cooler growing season. Look at design ideas for diverse growing spaces and conditions to help you develop a winter plan for your space, and work on some plant combinations to try out at home. Receive a sample seed pack to get your autumn edible garden started.

Sat. Aug 18, 10 am - 12:30 pm | Member \$31.50 / Non-member \$35

Instructor: Jennifer Lipka

BOTANICAL ARTS

All botanical art classes are limited to 15 students unless otherwise noted.

New themes! Chigiri-e Paper Art

Chigiri-e is a Japanese art form using pieces of hand-dyed washi paper to create beautiful and detailed images. The result can resemble a watercolour painting with a delicate texture. Leanne will provide a step-by-step instruction and guide you through completing an image. Supplies included. Class limited to 10 students. Four different sessions are available with seasonal themes.

Spring Fantasy: Thu. Mar 8, 1:30 - 4:30 pm

Cherry Blossoms: Thu. Apr 12, 1:30 - 4:30 pm

Mother's Day Bouquet: Thu. May 10 & 17, 1:30 - 4 pm

Iris: Thu. Jun 7, 1:30 - 4:30 pm

Mar, Apr & June cost per session: Member: \$63 / Non-member: \$70

May 2-part session cost: Member: \$108 / Non-member: \$120

Instructor: Leanne Hildebrand

Demystifying Colour: A Watercolour Workshop

This workshop is all about colour mixing using watercolour. Seeing colour is something you do every day – but how do you transfer this onto paper? For example, how many greens can you make? How do you make warm or cool colours? Bring your questions and be ready to play! Suitable for beginners, Susan will guide you through a number of easy exercises that will demystify how to make the colours we see around us. Participants will be encouraged to develop their colour sense through experimentation. Bring your own painting supplies - a list can be provided upon request.

Sat. Mar 24, 10 am - 3 pm | Member \$58.50 / Non-member \$65

Instructor: Susan Pearson

Botanical Illustration

This six-session course is ideal for anyone wishing to learn or improve upon a range of skills relating to botanical drawing. Through step-by-step instructions, students will learn how to hone their observational skills and progress through botanical drawing projects using pencil, pen and colour wash. Katharine will guide students through demonstrations on a variety of botanical illustration techniques, both in the classroom and outdoors when weather permits. Bring your own supplies - a list can be provided upon request.

Fridays, April 20 - May 25 (6 classes) 10 am - 1 pm

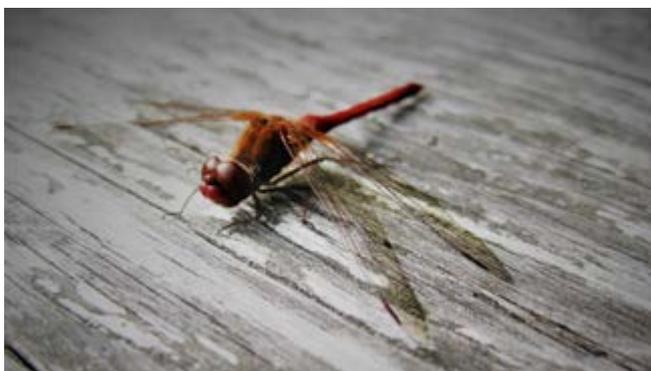
Member \$216 / Non-member \$240 | Instructor: Katharine Dickinson

New! Creative Photography Principles 1

Enjoy the beautiful setting of the Garden while you hone your photography skills. Melissa will discuss the most important elements and principles of what makes a great photograph such as space, emphasis, rhythm, variety, and more. You will be guided through practical exercises and spend plenty of time in the Garden to practice and explore your creativity. Gain valuable input during a feedback session, and finish class feeling more confident. Bring your camera with USB cable, empty memory card, and user manual, and your lunch. Dress for the weather - rain or shine.

Sat. May 26, 10:30 am - 4:30 pm | Member \$72 / Non-member \$80

Instructor: Melissa Clark



New! Watercolour Meet-ups

Bring your paint, questions, and ongoing projects to our weekly series of meet-ups hosted by long-time instructor Susan Pearson this spring. Susan will offer group demonstrations for specific techniques each week, and provide individual assistance during this casual and social approach to learning. Make new friends, or catch up with old ones while you paint the morning away. Fresh plant material from the Garden will be provided for inspiration, or you may bring your own. Some watercolour painting experience required. Please bring your own supplies. Drop-in and full series options available to suit your schedule.

Thursdays, Apr 5 - May 10 (6 classes), 10 am - 12:30 pm

Full series: Member \$180 / Non-member \$200

Individual class drop-in: Member \$31.50 / Non-member \$35

Instructor: Susan Pearson

Flower Photography Workshop

A seasonal favourite, this workshop will cover many technical and aesthetic aspects of flower photography, and greatly increase the satisfaction you derive from your own flower pictures. Flowers possess more photographic possibilities than may initially meet the eye. All skill levels welcome. Workshop combines lecture, taking photos outdoors in the Garden and a feedback session. Bring your camera with a blank memory card, dress for the weather and bring a lunch.

Sat. Apr 28, 10:30 am - 4:30 pm | Member \$72 / Non-member \$80

Instructor: Ron Long

New! Impressionist Watercolour Workshops for Beginners

These workshops provide all the supplies you need, along with step-by-step instruction by local artist Jane Saborio. Choose from a variety of individual themes: an architectural scene, flowers, water lilies, or landscapes. You will finish each workshop with a completed painting to take home. If you've always wanted to try watercolour, but don't want to invest in supplies quite yet, these workshops are for you!

Architecture: Sun. May 6, 9:30 am - 12:30 pm

Flowers: Sun. May 6, 1:30 - 4:30 pm

Landscape: Sun. Jun 24, 1:30 - 4:30 pm

Water Lilies: Sun. Jul 15, 1:30 - 4:30 pm

Cost per theme: Member \$58.50 / Non-member \$65

Instructor: Jane Saborio



Detail of water lily by Jane Saborio

Seaweed Pressing Workshop: Preserving Seasonal Specimens

During this popular workshop, you'll learn to press and preserve gorgeous seaweeds in a variety of colours, textures and sizes. We will identify some common West Coast species, learn how to ethically collect your harvest, and store it. Create three mounted specimens in a DIY plant press to take home. This class will be available in four separate timeslots.

Spring: Sun. May 27, 10:30 am - 12:30 pm OR 1:30 - 3:30 pm

Summer: Sun. July 8, 10:30 am - 12:30 pm OR 1:30 - 3:30 pm

Member \$49.50 / Non-member \$55

Instructor: Dana Mulder

Drawing Flowers

Improve your drawing skills and capture a realistic depiction of a flower.

Instructor demos will guide you through different exercises to study a flower's posture and character through line, shape and structural angle. Experiment with watercolour washes, and mixing colour to match the flower's natural colours. Class will be both inside the classroom and out in the Garden. We supply the paint, palettes and brushes. You just need to bring a 14x11 multimedia paper sketchbook and a 2B or HB pencil. Bring lunch.

Sat. Jun 2, 10 am - 4 pm | Member \$76.50 / Non-member \$85

Instructor: Katharine Dickinson

Creative Photography Principles 2

Build upon your understanding of photography principles, such as the effects of speed and lighting. Using traditional techniques such as shooting in black & white, we will dive deeper into what makes a great photograph, and why. A feedback session will be the finishing touch to this class. This class is for participants who have taken class #1 or have some previous knowledge and experience, and are looking to develop their skills. Bring your camera with USB cable and empty memory card. Bring your user manual if possible, a lunch, and be prepared to walk in the Garden rain or shine.

Sat. Jun 2, 10:30 am - 4:30 pm | Member \$72 / Non-member \$80

Instructor: Melissa Clark

Effective Photo Composition

Sharpen your natural sense of composition during this in-depth workshop that will aid in creating immediate improvement in your photos. Ron will give you the basic guidelines you need to get started, and offer one-on-one assistance as you explore the spring Garden looking for inspiration and practicing with your camera. Class will conclude in the classroom for a group feedback session. Bring your camera with empty memory card and a lunch. Rain or shine, bring a large umbrella if it rains.

Sun. Jun 3, 10:30 - 4:30 pm | Member \$72 / Non-member \$80

Instructor: Ron Long

Watercolour: Focus on Flowers

Express the natural beauty of flowers through watercolour. Susan's group and individual instruction ensures that each participant can progress at their own pace as they work on techniques such as layering of colour, wet into wet, dry brush, splattering and using salt. Fresh plant material from the Garden will be provided or you may bring in your own. Some painting experience is recommended. Supplies not included - a supply list can be provided upon request.

Thu. May 17, 24 & 31, 10 am - 12:30 pm | Member \$90 / Non-member \$100
Instructor: Susan Pearson

Enlighten Your Photos

Light effects are crucial to good photography. This workshop will focus on how to perceive light, recognize its photographic potential, and use light effects, both indoors and out, in order to create more visually effective photos. The day combines lecture, taking photos outdoors in the Garden, and a feedback session. Bring your camera with empty memory card and a lunch. Rain or shine, bring a large umbrella if it rains.

Sun Jun 10, 10:30 am - 4:30 pm | Member \$72 / Non-member \$80
Instructor: Ron Long

New! Watercolour Still-life Workshop

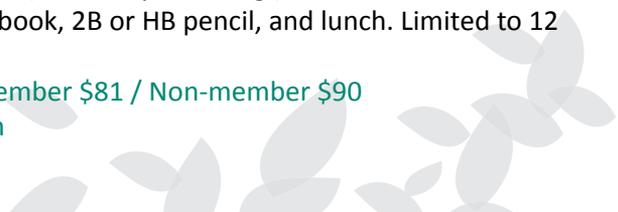
Practice your watercolour still-life painting skills and learn how to improve your technique with professional artist and long-time instructor Susan Pearson. Working from a beautiful floral arrangement, Susan will guide you through exercises to get started, and provide demonstrations and one-on-one assistance to complete an 11x14 painting. We will provide one sheet of 11x14 paper per person. Some experience is required. Please bring your own painting supplies - a list can be provided upon request. Limited to 10 participants.

Thu. Jun 21, 10 am - 2 pm | Member \$63 / Non-member \$70
Instructor: Susan Pearson

New! The Naturalist's Journal: Botanical Drawing

Improve your drawing skills for journaling, teaching, or pure enjoyment. Drawing directly from nature is about observing plants to identify shapes, spaces between shapes, edges and scale. Katharine will teach you how to record nature through illustration. Learn how to create the illusion of depth, and make observational drawings looking at plants from different aspects. Study will be mostly outside in the Garden (weather permitting,) combined with some classroom time. Bring a sketchbook, 2B or HB pencil, and lunch. Limited to 12 participants.

Sat. Jun 23, 10 am - 4 pm | Member \$81 / Non-member \$90
Instructor: Katharine Dickinson



New! Acrylic Painting Workshops for Beginners

These workshops provide all the supplies you need, along with step-by-step instruction by local artist Jane Saborio. Learn to paint an architectural scene with botanical elements, or have fun with a semi-abstract expressionist technique using acrylic skins to create a unique, energetic painting of a floral arrangement. You will finish each workshop with a completed painting to take home. If you've always wanted to try painting with acrylics or get back into it, but don't want to invest in supplies quite yet, these workshops are for you!

Floral Arrangement (with acrylic skins): Sun. Jun 24, 9:30 am - 12:30 pm

Architecture: Sun. July 15, 9:30 am - 12:30 pm

Cost per theme: Member \$58.50 / Non-member \$65

Instructor: Jane Saborio

Drop-in Plein Air Watercolour

For intermediate students looking to practice their watercolour skills outdoors. Susan's group and individual instruction ensures that each participant can progress at their own pace as they develop their technique. Supplies are not included. Bring an easel or painting board - an additional supply list can be provided upon request. Chairs will be available. Limited to 12 participants.

Thu. Jul 5, 12, 19 & 26, 9:30 am - 12:30 pm

Single drop-in fee: Member \$40.50 / Non-member \$45

Four classes (save 10%): Non-member \$165 (all fees incl. admission)

Instructor: Susan Pearson

New! Drop-in Botanical Illustration in the Garden

Hone your observational skills and practice botanical drawing outdoors in the Garden. Katharine will guide you through a variety of techniques, and offer tips and feedback as you draw, surrounded by the beauty of the summer Garden. Limited to 12 students, some experience required. Bring your own supplies. Chairs will be available.

Thu. Aug 2, 9, 16 & 23, 9:30 am - 12:30 pm

Single drop-in fee: Member \$40.50 / Non-member \$45

Four classes (save 10%): Non-member \$165 (all fees incl. admission)

Instructor: Katharine Dickinson

New! Language of Landscape Photography

Join Melissa as she guides you through taking perfect landscape photos using the 22-hectare Garden as your subject. We'll discuss aspects of positive and negative space, depth of field, potential visual distractions, and learn how to work optimally with the weather that this summer evening brings us. Class concludes with a group feedback session. Bring your camera with USB cable and empty memory card. Bring a meal and be prepared to walk in the Garden.

Wed. Aug 15, 3 - 8:30 pm | Member \$67.50 / Non-member \$75

Instructor: Melissa Clark

HEALTH & WELLNESS

MultiPasses

MultiPasses can be used for any fitness and yoga classes and expire one year after the first class use. Want to try before you buy? Your first class is FREE! Call us to sign up: 604-718-5898.

MultiPass x 6: Member: \$90 / Non-member: \$100

MultiPass x 12 (best value!): Member: \$162 / Non-member: \$180

Don't want a pass? Single drop-in fees: Member: \$18 / Non-member: \$20

MultiPasses can be purchased online or by phone. Use your pass to register for classes in advance online, or call 604-718-5898.

New! Flow to Slow Yoga

Join us for an energizing, relaxing yoga practice. The first portion of class moves you through a gentle flow of active, dynamic postures that work your muscles and get blood flowing. We will then wind down to a slower pace, holding posture to help nourish your joints, relax your mind and release tension. Appropriate for beginners or experienced students looking for a new approach to their practice. This class will be available as two series: mornings indoors for spring, and evenings outside for summer.

Mondays, Apr 9 - Jun 25 (10 classes, no class Apr 30 & May 21) 10:15 - 11:30 am

Outdoors: Mondays, July 9 - Aug 27 (7 classes, no class Aug 6) 5:45 - 7 pm

Instructor: Timothy Martin

Brain and Body Workout for Boomers and Beyond

This class, designed by Kinesiologists and Occupational Therapists, is an evidence-based program to improve both physical and brain conditioning. The first half of the class combines physical conditioning exercises (cardiovascular, balance, strength, coordination) with rhythm, creativity, memory, kinesthetic learning, and cognitive play. The second half includes exercises for flexibility, core, posture, followed by visualization, meditation, and deep relaxation. Participants describe this class as “fun”, “exciting”, “refreshing” and “soothing”.

Tuesdays, April 3 - June 19 (12 classes), 10:30 - 11:30 am

Instructor: Love Your Age Fitness

Better Balance Workout for Seniors

This is a gentle class for all levels, focused on balance and mobility for fitness and for preventing falls. Exercises can be done seated or standing, and participants will increase their functional strength and mobility, core stability, lower body strength, and improve their balance.

Wednesdays, April 4 - June 20 (12 classes), 12 - 12:45 pm

Instructor: Love Your Age Fitness

Gentle Yoga

Start your day with this gentle yoga practice; relieve tension held in hips, spine and shoulders to deeply relax your body. Postures are instructed with care and attention on alignment, offering options for all levels. Through breath-guided movement and mediation we balance the nervous system and calm the mind. You will feel relaxed and at ease after class. Suitable for beginners or students looking for a gentle practice. Class takes place in the beautiful VanDusen Guides Classroom with garden views, and outside in the Garden in the summer months.

Wednesdays, Apr 4 - Jun 6 (10 classes) 10:15 - 11:30 am

Outdoors: Wednesdays, Jun 27 - Aug 22 (8 classes) 10:15 - 11:30 am

Instructor: Nadine Spitteler

New! Balance & Strength Garden Walk

Enjoy a beautiful garden walk while also getting stronger and improving your balance. This 60 minute moderate level class focuses on posture, strength, balance, cardiovascular fitness, and mobility. Portable equipment such as tubing and Nordic poles will be provided. Participants must be able to walk at a moderate pace for at least 30 minutes. Class will begin from the lobby (near the gift shop) and will proceed rain or shine. We expect good weather most days, however, please come dressed for the weather.

Tuesdays, Jul 3 - Aug 21 (8 classes) 11 am - 12 pm

Instructor: Love Your Age Fitness

REGISTRATION



Advance Registration is recommended for all programs

- **Option 1:** Go online at vandusengarden.org/register
- **Option 2:** Call 604-718-5898 between Tues. - Fri. 10 am - 4 pm and have your credit card ready.

Cancellation and Refund Policy

- **Two weeks notice:** receive a refund, less a \$15 administration fee.
- **One week notice:** no refunds, but will receive a credit towards a future course, less a \$10 administration fee.
- **Less than one week:** no refunds or credit will be given.
- **Transferring to another course** is subject to a \$10 administration fee.

Read about our instructors at
[vandusengarden.org/learn/
instructors](https://vandusengarden.org/learn/instructors)



March

- 8 Chigiri-e Paper Art
- 14 Janis' Top Plants for Stand-out Gardens
- 17 Veggies on Your Patio
- 17 Wild, Edible & Medicinal Plant Walk
- 18 Intro to Backyard Beekeeping
- 24 Demystifying Colour Workshop
- 28 Herbs for Digestion

April

- 3 Brain and Body Workout
- 4 Better Balance Workout for Seniors
- 4 Home-grown Microgreens
- 4 Gentle Yoga
- 5 Watercolour Meet Ups
- 7 Apple Cider Vinegar Tincture Making
- 8 Design Your Sustainable Property
- 9 Flow to Slow Yoga
- 12 Chigiri-e Paper Art
- 18 Small Scale Gardening Tips...
- 20 Botanical Illustration
- 21 Enhance your Food with Herbal Powders
- 21 Planning a Successful Planting Season
- 21 Emerging Spring Garden Stroll
- 22 Introduction to Bird Watching
- 25 Sustainable Composting for Urban Living
- 28 Flower Photography Workshop

May

- 2 Culinary Hanging Baskets
- 5 Attractive Edible Containers Workshop
- 6 Watercolour Workshop: Architecture
- 6 Watercolour Workshop: Flowers
- 10 Chigiri-e Paper Art
- 12 All About Seeds
- 12 Herbal Salve Making Workshop
- 16 Introduction to Vertical Gardening
- 17 Herbs for Women's Health
- 17 Watercolour: Focus on Flowers
- 23 Spring Evening Garden Stroll...
- 24 Herbs Throughout History
- 26 Bee ID Walk and Talk
- 26 Creative Photography Principles 1

May cont'd

- 27 Botany & Birds Walk on Bowen
- 27 Seaweed Pressing Workshop

June

- 2 Drawing Flowers
- 2 Creative Photography Principles 2
- 3 Effective Photo Composition
- 5 Wild, Edible & Medicinal Plant Walk
- 6 Drip Irrigation Systems: How to DIY
- 7 Chigiri-e Paper Art: Iris
- 10 Enlighten Your Photos
- 13 Year-round Gardening with Succulents
- 16 Practical Summer Pruning
- 17 Get to Know Your Pollinators
- 20 Edible Wall and Fence Gardens
- 21 Mixology and your Garden
- 21 Watercolour Still-life Workshop
- 23 The Naturalist's Journal
- 24 Watercolour Workshop: Landscape
- 24 Acrylic Painting Workshop: Floral
- 27 Celebrate Summer Garden Stroll
- 27 Gentle Yoga in the Garden

July

- 3 Balance & Strength Garden Walk
- 5 Drop-in Plein Air Watercolour
- 8 Seaweed Pressing Workshop
- 9 Flow to Slow Yoga in the Garden
- 15 Watercolour Workshop: Water Lilies
- 15 Acrylic Painting Workshop: Architecture
- 18 Medicinal Plant Walk
- 18 Summer Evening Perennial Walk
- 18 Gardening with Native Plants
- 28 How Does your Organic Garden Grow?

August

- 2 Drop-in Botanical Illustration in the Garden
- 11 Bumblebee ID & Nest Building Wkshp
- 15 Medicinal Plant Walk
- 15 Language of Landscape Photography
- 18 Veggie Gardening for Year-round Harvest