

ADULT EDUCATION

March - August 2019



Photo: Tania Clarke

VanDusenGarden.org



Vancouver
Botanical
Gardens
Association

VanDusen: 5251 Oak St.
at West 37th Ave., Vancouver
Bloedel: 4600 Cambie St., Vancouver
(Top of Queen Elizabeth Park)

BOTANY & ECOLOGY



New! Introduction to Botany for Plant Identification

Saturday | March 23 | 10 am – 1 pm

Members: \$36 | General Public: \$40

Learn essential skills for plant identification with this introduction to the features and language to describe leaves, flowers, roots and fruit. Instruction will take place in the classroom and outside in the Garden to see living examples and apply new knowledge. This course can be taken at a discount combined with “Brush Up on Your Botany”. Dress for the weather.

Instructor: Latifa Pelletier-Ahmed. **Limit:** 20

New! Beginner Plant ID Walk with a Botanist at Bloedel

Sunday | March 24 | 1:30 pm – 3:30 pm

Members: \$22.50 | General Public: \$25

Explore the tropical gardens of Bloedel Conservatory in Queen Elizabeth Park with a trained botanist. Touch on the basics of plant identification including leaf shapes, flower structures, and the use of a simple dichotomous plant ID key. Fee includes conservatory admission.

Instructor: Latifa Pelletier-Ahmed. **Limit:** 10

Beekeeping for Beginners

Sunday | March 31 & April 7 | 10 am – 12:30 pm

Members: \$72 | General Public: \$80

Please note, this series cannot be taken as individual courses. Join BC bee expert Brian Campbell for this two-part introduction to honeybees and how to keep a hive in an urban environment. He will give an overview of bee biology, bee and hive behaviour, threats such as mites, and more. Discover how to keep bees in the city, learn about the essential equipment and tools and where to find them.

Instructor: Brian Campbell. **Limit:** 20

New! Tropical Ecology & Culture

Wednesday | April 17 | 1 pm – 2:30 pm

Members: \$18 | General Public: \$20

Warm up at Bloedel Conservatory with Education Director Gillian Drake, and take a walk through the rainforest to discuss tropical ecosystems and the interactions between various plants and animals. Witness adaptations for survival, and hear stories about cultural uses of plants in the tropics. Fee includes conservatory admission. **Instructor:** Gillian Drake. **Limit:** 12

Introduction to Bird Watching

Saturday | April 27 | 10 am – 12:30 pm

Members: \$36 | General Public: \$40

Long-time VanDusen birding guide Jeremy Gordon is back with this seasonal favourite! During this introduction, he discusses best birding resources such as binoculars and field guides, shares tips on how to identify birds, and highlights hot local birding spots. After a one hour classroom presentation, Jeremy will take the class out for a walk to look for some of the 87 species of birds in the Garden, putting your newly-acquired ID skills to use. Dress for the weather, bring binoculars and a field guide if you have. **Instructor:** Jeremy Gordon. **Limit:** 18

New! Brush up on Your Botany

Saturday | May 4 | 10 am – 1 pm

Members: \$36 | General Public: \$40

For those with a basic understanding of plant identification and structure, this class will further advance and refresh your botanical knowledge. This course is a continuation of Introduction to Botany, and can be purchased at a discount when paired. Learn more about features of plant families, symbiotic relationships with soil organisms, and review monocots vs. eudicots. Enjoy a garden walk for the final portion of the class, applying your new knowledge.

Instructor: Latifa Pelletier-Ahmed. **Limit:** 20

New! BC Native Shrub Identification Walks

Saturday | May 4 | 2 pm – 4 pm

Thursday | June 27 | 5:30 pm – 7:30 pm

Members: \$27 | General Public: \$30

Take a stroll in the garden with VanDusen's Plant Documentation Technician, Samantha Sivertz. Gain familiarity of the gardens, knowledge of plant identification, and an understanding of ecology. Use a basic identification key, and observe characteristics to identify local shrubs. Walks will cover which local shrubs produce edible fruit, and how wildlife use them for food and shelter. Meet at the Visitors Centre and enter the Garden as a group. Entire class is outdoors, rain or shine. **Instructor:** Samantha Sivertz. **Limit:** 16

New! Intermediate Plant Identification Walk with a Botanist

Sunday | May 5 | 2 pm – 4 pm

Members: \$27 | General Public: \$30

Enjoy the garden on a spring afternoon with a botanist. For those with a foundational understanding of botany, expand your knowledge by attending the Intermediate walk, where you'll explore plant families and characteristics. Meet at the Visitors Centre and enter the Garden as a group. This class is entirely outdoors – be prepared to walk, rain or shine.

Instructor: Latifa Pelletier-Ahmed. **Limit:** 16

*K-12 teachers are eligible
for free Gardening, Botany
and Ecology courses.
Call 604 718 5898 for info.*

Botany and Birds Walk on Bowen Island

Sunday | May 26 | 9:30 am – 12:30 pm

Members: \$31.50 | General Public: \$35

Explore the botanical and ornithological diversity on Bowen Island on a gentle walk along forest trails to Killarney Lake. Led by VBGA Education Director Gillian Drake, and Birding Guide Richard Wing, we'll discuss our local ecosystems, and identify native ferns, trees, and more. Learn how to enhance your birding experience by training your ear to focus on the sound of birds calling through the forest. Tour starts at the library, 30m from the ferry dock (no car needed), and finishes in time to board the 1:10pm ferry back to Horseshoe Bay. Consider making a day of it and visit Bowen's many cafes, shops and galleries within walking distance of the ferry. Fee does not include ferry fare.

Instructor: Gillian Drake and Richard Wing. **Limit:** 15

Bee ID Walk

Sunday | May 26 | 1 pm – 3:30 pm

Members: \$31.50 | General Public: \$35

There are more than 450 species of bees in BC! Walk with renowned bee expert, Brian Campbell, and identify differences between mason bees, bumblebees, honeybees and more. Walking around the rich bee habitat of VanDusen, you will observe bee biology and behaviour, such as foraging, nest types and locations, interactions, and pollination mechanisms. While the distance covered will be short, be prepared for extended periods of standing as we observe and take time to notice the bees. Most of class is outdoors, dress for the weather. **Instructor:** Brian Campbell. **Limit:** 16

Bumblebee ID and Nest Building Workshop

Saturday | June 15 | 10 am – 1 pm

Members: \$36 | General Public: \$40

This class explores bumblebee ID, natural history of native bumblebees and how you can support them in an urban environment. Walk will begin in the Garden observing the local bee population, and conclude with participants making simple bumblebee nests in the classroom for their own garden. Supplies included. Dress for the weather. **Instructor:** Brian Campbell. **Limit:** 20

New! Wasp ID Walk

Sunday | July 21 | 9:30 am – 12 pm

Members: \$31.50 | General Public: \$35

Wasps have an incredible diversity, greater even to bees, and perform many vital roles in a healthy and dynamic environment that most people are unaware of. Many people fear wasps, yet without them we would not have a sustainable future. Explore the diverse ecology and invaluable contribution wasps make to pest control and pollination with local expert Brian Campbell. See their nests and learn how to identify these special creatures and maybe even learn to love them. Meet at the Visitors Centre and enter the Garden as a group. Class is mostly outdoors. **Instructor:** Brian Campbell. **Limit:** 16



PLANTS & PEOPLE

Wild, Edible and Medicinal Plant Walks

Saturday | March 16 | 10 am – 12 pm
Monday | April 15 | 6 pm – 8 pm
Tuesday | June 11 | 6:30 pm – 8:30 pm
Members: \$27 | General Public: \$30

Explore the Garden from a First Nations perspective as you identify plants in VanDusen's collections. Understand the importance of our native plants for food, medicine, and shelter for all species. Find out how to best use these plants, when to harvest, and what can be made with them. Acquire a deeper understanding and appreciation for the plants around us using the 6 R's: responsibility, respect, relationship, relevance, reverence, and reciprocity. Meet at the Visitors Centre and enter the Garden as a group. Walk will be entirely outside.

Instructor: Lori Snyder. **Limit:** 16

New! Herbal Medicine 101: An Intro to the Use of Herbal Remedies

Tuesday | April 2 | 7 pm – 9 pm
Members: \$31.50 | General Public: \$35

Join Medical Herbalist Katolen Yardley for an informative talk on incorporating herbal remedies into your lifestyle, for new and seasoned herbalists alike. Discover the basics of using herbs for your health with home remedies, herbal medicines, topical applications, and preparations. Leave class with common terminology, tools to identify some local medicinal plants, and natural applications for common first aid and general health issues. Available at a discount purchased with Herbal Medicine 102. Copies of *The Good Living Guide to Natural and Herbal Remedies* available for \$25. **Instructor:** Katolen Yardley. **Limit:** 20

New! Herbal Medicine 102: Energetics of Herbal Medicines

Wednesday | April 24 | 7 pm – 9 pm
Members: \$31.50 | General Public: \$35

This interactive talk will teach you about the energetics of plant medicine, and give you tools to incorporate herbal medicine into your life. This class can be taken as a continuation from Herbal Medicine 101 at a discount, or may be taken on its own. Enjoy sampling the flavours of gentle herbs, and explore the effects of herbal remedies based on taste, touch, and sight in the garden. Dress for the weather and a 20 minute garden walk during class. Copies of *The Good Living Guide to Natural and Herbal Remedies* available for \$25.

Instructor: Katolen Yardley. **Limit:** 20



New! Cosmetic-Making for Mothers' Day

Sunday | May 5 | 10 am - 12:30 pm

Members: \$49.50 | General Public: \$55

Create natural body care products for yourself or as a Mother's Day Gift. This fun workshop is appropriate for ages 12 and up. Participants will each prepare a lip balm, bath balm fizzer, and a honey coconut oil body scrub to take home.

Instructor: Katolen Yardley. **Limit:** 16

Herbal Salve Making Workshop

Tuesday | May 21 | 7 pm - 9 pm

Members: \$36 | General Public: \$40

This popular workshop is making a comeback in 2019! Explore the art of medicine-making during this hands-on workshop led by Lori Snyder, Indigenous Métis Herbalist and educator. Discover which plants are best suited for medicinal infusions, when to harvest them and how to prepare, store, and apply them. Participants will make their own salve ointments with plant infused oils and beeswax, ideal for treating cuts, wounds, scrapes, sunburned skin, dry hands and chapped lips. All supplies included. **Instructor:** Lori Snyder. **Limit:** 20

Medicinal Plant Walks

Saturday | June 1 | 1 pm - 3 pm

Wednesday | July 17 | 5:30 pm - 7:30 pm

Saturday | August 10 | 10 am - 12 pm

Members: \$27 | General Public: \$30

Meander through VanDusen Garden with Medical Herbalist Katolen Yardley to identify flowers, herbs, shrubs, trees, and weeds while discussing their medicinal properties. Notice seasonal plants and learn folklore and common applications for these plants traditionally used for medicines. Meet at the Visitors Centre and enter the Garden as a group. Bring a notebook, pen, and camera (optional). Wear good walking shoes and dress for the weather. Entire class is spent outdoors.

Instructor: Katolen Yardley. **Limit:** 16

Herbs for Digestion

Tuesday | June 4 | 7 pm - 9 pm

Members: \$31.50 | General Public: \$35

This informative talk will cover how certain herbal medicines can assist digestive health through various actions. Explore the benefits of some common spices and carminative rich herbs, and understand the effects of bitter and demulcent herbs. Participants will sample a digestive tea and demulcent mixture and will take home a small bag of a carminative digestive spice blend.

Instructor: Katolen Yardley. **Limit:** 20

New! Sensory Garden Walk

Sunday | July 7 | 10 am – 12 pm

Members: \$22.50 | General Public: \$25

Enjoy a quiet passage through the garden, discovering and engaging in our senses. Guided by Indigenous Metis Herbalist Lori Snyder, we will move slowly to re-introduce ourselves to our living world. Witness nature's beauty by looking closely at the details of plants. Through our sense of touch, smell, taste, and sound, we quiet our minds to remember that all species are alive. Meet at the Visitors Centre and enter the Garden as a group. Entire class will take place outdoors. **Instructor:** Lori Snyder. **Limit:** 16

New! Forest Therapy Walks

Sunday | August 11 | 10 am – 12:30 pm

Saturday | August 24 | 10 am – 12:30 pm

Members: \$18 | General Public: \$20

Join a Certified Nature and Forest Therapy Guide on a meditative and gentle walk through the Garden. Ken will introduce you to the basics of Forest Bathing – a restorative and mindful practice inspired by the Japanese tradition of Shinrin Yoku. With health benefits including stress reduction, improved wellbeing, and boosted energy, this practice allows us to calm the mind and connect to the self, our senses, and nature. Meet at the Visitors Centre and enter the Garden as a group. **Instructor:** Ken Ouendag. **Limit:** 12

GARDENING & DESIGN

What to Grow and When to Sow

Sunday | March 24 | 10 am – 1 pm

Members: \$36 | General Public: \$40

For new (or always improving) vegetable gardeners, this class will cover the basics on the best veggies to grow in our climate, and how to successfully get started. Jennifer will discuss which plants should be purchased as seedlings, which should be grown from seed, and when they should be planted. Successful seed growing tips will include soils, how to prepare and sow the seeds, hardening off and transplanting seedlings. **Instructor:** Jennifer Lipka. **Limit:** 25

Permaculture Garden Design

Saturday | March 30 | 10 am – 2:30 pm

Members: \$45 | General Public: \$50

With Certified Permaculture Designer Justin Schneider, learn the basics of designing a diverse landscape that yields food, provides habitat, and looks beautiful. Exploring principles of permaculture design, you will gain an understanding into how to survey the land, maximize useful connections in the landscape, and how to select appropriate plant species. Start your own personalized design plan, and go on a short outdoor walk to see the useful connections in the landscape, and synthesize classroom learning. Bring appropriate clothing for walking outside. **Instructor:** Justin Schneider. **Limit:** 20

Veggies on Your Patio

Saturday | April 6 | 10 am – 1 pm

Members: \$36 | General Public: \$40

This seasonal favourite is perfect for urban gardeners who want to get started with growing veggies in containers, but need tips on where to begin. Learn which vegetable varieties are best for patios or balconies, good companion plants, and which containers and soil mixes to choose. Work in groups with Jennifer's assistance to design the layout of a container to plant at home. Receive a mix of patio-appropriate veggie seeds to get started!

Instructor: Jennifer Lipka. **Limit:** 25



Sprouts, Microgreens & Baby Greens

Tuesday | April 9 | 6:30 pm – 9 pm

Members: \$41.5 | General Public: \$45

Microgreens, sprouts, and baby greens can be grown at home all year round, even in small urban spaces. Learn the difference between these three types of plants, and the required growing conditions for each. In this class, you will gain an understanding of the systems and products that you will need to grow greens at home. You will taste sprouts and microgreens, and prepare your own microgreen tray to take home at the end of the class.

Instructor: Yael Stav. **Limit:** 18

New! Healthy Soils for Healthy Gardens

Saturday | April 27 | 12:30 pm – 4:30 pm

Members: \$45 | General Public: \$50

Build up your garden while improving your green thumb with long time VanDusen Gardener Casey Werfl. Participants will learn all about soils, compost, leaves, digging over garden beds, and amending soils. Gain tools in plant selection and planning, and planting for successful growth. Get practical knowledge by seeing a demonstration of planting, watering, fertilization, and more. Class will take place indoors and outdoors, dress for the weather.

Instructor: Casey Werfl. **Limit:** 16

K-12 teachers are eligible for free Gardening, Botany and Ecology courses. Call 604-718-5898 for info.

New! Design your Vertical Garden

Tuesday | April 30 | 6:30 pm – 9 pm

Tuesday | May 7 | 6:30 pm – 9 pm

Members: \$63 | General Public: \$70

Please note, this series cannot be taken as individual courses. Urban properties are now smaller, and vertical gardens are popular with city-dwellers looking for gardening opportunities to maximize the space. Join sustainable design expert, Dr. Yael Stav in this 2-part workshop on Vertical Garden Design. In the first session, learn about the various types of vertical gardens and the advantages of each. Yael will share her expertise on design and construction, plant selection, irrigation, and planning for the specific needs of your vertical garden. In the second session, you'll explore principles of effective vertical garden design, and work in groups to design your own vertical gardens.

Instructor: Yael Stav. **Limit:** 18

New! Designing Gardens for the Senses

Wednesday | May 1 | 6:30 pm – 9 pm

Members: \$31.50 | General Public: \$35

Go beyond designing a garden that looks good, and create a garden that feels and smells good too! Join Janis in this interactive class, equipping participants with the tools and understanding to create a sensory haven on your property. Explore how to design gardens that are welcoming and multi-sensory; incorporating texture, colour, scent, sound, touch, and movement into the garden. A short Garden walk will take place during class. Dress for the weather.

Instructor: Janis Matson. **Limit:** 20



Photo: Yiyang Zhu

Evening Stroll with a VanDusen Gardener

Tuesday | May 14 | 6 pm – 8 pm | Spring Garden Walk

Members: \$27 | General Public: \$30

Enjoy the magic of VanDusen in the early evening with long-time staff gardener, Casey Werfl. The walk will highlight spring blooms, plant collections and landscapes that are particularly enchanting at this time of year. Prepare to walk throughout the Garden, to the Sino-Himalayan and Mecanopsis Dell, lesser known areas and Casey's personal favourites. Meet at the Visitors Centre and enter the Garden as a group. Class takes place entirely outdoors.

Instructor: Casey Werfl. **Limit:** 16

New! Creating Herb Containers

Wednesday | May 15 | 6:30 pm – 9 pm

Members: \$31.50 | General Public: \$35

Multi-talented horticulturalist, arborist, and landscape designer Janis Matson welcomes you to this interactive workshop dedicated to designing your own beautiful container herb garden. Explore the basics of design, considering colour and texture, container selection, forms and growth habitat, and seasonal bloom planning. Gain skills to maintain your container garden by learning about pruning, harvesting, growing, and watering. Leave this class with new creative ideas to design and care for your own container garden. Herbs from class demonstrations will be given as door prizes to lucky participants! A short Garden walk will take place during class, dress for the weather. **Instructor:** Janis Matson. **Limit:** 20

New! Small Trees for your Urban Property

Wednesday | May 22 | 6:30 pm – 9 pm

Members: \$27 | General Public: \$30

Small trees can enhance all urban gardens, large and small. In this class, Janis will introduce you to fabulous tree choices for your property, considering space, irrigation, and sunlight. Participants will be provided with a list of plant options, including deciduous, broadleaf evergreen, and coniferous favourites. Gain an understanding of principles of design, such as scale, size, form, texture, and colour. A Garden walk will take place during class, dress for the weather. **Instructor:** Janis Matson. **Limit:** 20

Water-wise DIY Irrigation Workshop

Sunday | June 2 | 10 am – 1 pm

Members: \$40 | General Public: \$45

As summers are increasingly drier and longer, the need to water plants in a responsible way is more important than ever. In this hands-on workshop, learn about the various options for water-wise irrigation, and the benefits of using drip systems around your garden, no matter the size. We will practice irrigation planning in different scenarios, from large gardens to patio containers. We will work on assembling a sample system, while learning about components, installation, and where to purchase parts. Leave class feeling confident to plan and assemble your own basic system! **Instructor:** Yael Stav. **Limit:** 20

Practical Summer Pruning

Saturday | June 8 | 9:30 am – 12 pm

Saturday | June 22 | 9:30 am – 12 pm

Members: \$36 | General Public: \$40

This seasonal favourite is back at VanDusen, now offered on two different dates by popular demand! Take a look at pruning and learn why, where, and how to cut plants, and how they will respond. Understand how to prune before plants set flowers for the following year, and how to decrease suckering by slowing the plant's response to pruning, and why thin-barked trees such as Japanese maple, birch and magnolias are pruned in summer. Class includes a walk in the Garden to demo proper techniques and observe the results of past pruning. **Instructor:** Casey Werfl. **Limit:** 16

New! Drought Tolerant Gardening

Wednesday | June 19 | 6:30 pm – 9 pm

Members: \$31.50 | General Public: \$35

Prepare for the heat of summer in this course, equipping you with the knowledge to grow a drought-tolerant garden. Discover basics of design, such as exposure and soil conditions, the importance of organic matter and mulch, and the basics of irrigation and drainage. Janis will provide you with an extensive list of plant possibilities, including trees, shrubs, grasses, perennials, and ground covers that thrive in dry conditions. A Garden walk will take place during class, dress for the weather. **Instructor:** Janis Matson. **Limit:** 20

How's the Organic Garden Growing?

Saturday | July 6 | 10 am – 1 pm

Members: \$36 | General Public: \$40

During this interactive introductory course, taste and examine different samples of fresh home grown veggies such as beans, peas, carrots and beets while we explore best practices for a successful organic garden. Learn about interesting seed varieties, soil improvement, harvest techniques and timing, organic growing methods that deter pests, as well as water-wise choices that can survive dry summers. We'll also spend ample time at VanDusen's own vegetable garden to see what's growing, and help inspire your gardening plans for next season.

Instructor: Jennifer Lipka. **Limit:** 16

Veggie Gardening for Year-Round Harvest

Saturday | August 17 | 10 am – 1 pm

Members: \$31.50 | General Public: \$35

The end of summer doesn't mean the end of your edibles! Join Jennifer for a morning of learning what and how to plant for continuous harvest this winter, and discovering some of the best varieties of veggies for the cooler growing season. Look at design ideas for diverse growing spaces and conditions to help you develop a winter plan for your space, and work on some plant combinations to try out at home. Receive a sample seed pack to get your autumn edible garden started. Class will end with a walk to VanDusen's vegetable garden to see some hands-on applications of what you've learned.

Instructor: Jennifer Lipka. **Limit:** 20

Summer Evening Perennial Walk

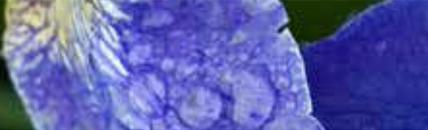
Tuesday | August 20 | 6 pm – 8 pm

Members: \$27 | General Public: \$30

Spend the evening outside in the Perennial and Black Gardens. Using living examples, VanDusen Gardener Casey Werfl will discuss how to add perennials to established gardens, increasing seasonal changes in colour, texture, and form. See which plants become stronger from being cut back early, and which can be convinced to bloom a second time. Class will cover how to care for your perennials from spring through fall. Meet at the Visitors Centre and enter the Garden as a group. Class is entirely outside.

Instructor: Casey Werfl. **Limit:** 16

BOTANICAL ART



New! Landscapes in Watercolour Workshop

Thursday | April 4 | 10 am – 2 pm

Members: \$54 | General Public: \$60

All levels are welcome in this weekday painting class. Susan will demonstrate a variety of different washes, overlaid wash, graduated washes and variegated washes, which you may explore to complete a landscape painting. Let the garden views of diverse natural landscapes inspire your creations. Please bring your own supplies. **Instructor:** Susan Pearson. **Limit:** 14



Art by Katharine Dickinson

Botanical Illustration: Level 2

8 Wednesdays | April 10 – May 29 | 10 am – 1 pm

Members: \$288 | General Public: \$320

Please note, this series cannot be taken as individual courses. Build on basic drawing techniques to develop accuracy in illustrating plants. Develop line and form, while expanding on shading techniques, and being attentive to precision and detail. This eight-session course is ideal for anyone who has taken Botanical Illustration Level 1, and wants to approach an intermediate level of botanical drawing. Students will be given step-by-step instructions on how to progress through botanical drawing projects using graphite pencil and watercolour washes. See Website for recommended supplies. Limited folding chairs available onsite for drawing outdoors when weather permits.

Instructor: Katharine Dickinson. **Limit:** 14

Watercolour Meetups

6 Thursdays | April 11 – May 16 | 10 am – 12:30 pm

Members: \$180 | General Public: \$200

Bring your paint, questions, and ongoing projects to our weekly series of meetups hosted by instructor Susan Pearson this spring. Susan will offer group demonstrations for specific techniques each week, and provide individual assistance during this casual and social approach to learning. Make new friends, or catch up with old ones while you paint the morning away. Fresh seasonal plant material from the garden will be provided for inspiration, or you may bring your own. Some watercolour painting experience required. Drop-in and full series options available to suit your schedule. Please bring your own supplies.

Instructor: Susan Pearson. **Limit:** 14

Chigiri-e Paper Art Workshops

Thursday | April 25 | 1:30 pm – 4:30 pm | Theme: Cherry Blossoms

Thursday | May 23 | 1:30 pm – 4:30 pm | Theme: Orchids

Thursday | June 20 | 1:30 pm – 4:30 pm | Theme: Lilies

Members: \$63 | General Public: \$70

These popular workshops guide you in a step-by-step creation of your own beautiful chigiri-e paper art piece. Chigiri-e is a Japanese art form using pieces of hand-dyed washi paper to create beautiful and detailed images. The result resembles a watercolour painting with a delicate texture. Supplies included.

Instructor: Leanne Hildebrand. **Limit:** 12

Creative Photography Principles 1

Saturday | May 11 | 10 am – 2 pm

Members: \$49.50 | General Public: \$55

Enjoy the beautiful setting of the Garden while you hone your photography skills. Melissa will discuss the most important principles of what makes a great photograph such as space, emphasis, rhythm, variety, and more. You will be guided through practical exercises and spend plenty of time in the Garden to practice and explore your creativity. Gain valuable input in a feedback session, and finish class feeling more confident. Bring your camera with USB cable, empty memory card, user manual, and your lunch. Dress for the weather, rain or shine.

Instructor: Melissa Clark. **Limit:** 15



Photo: Melissa Clark

New! Watercolour Workshop: Nature as our Guide

Saturday | May 18 | 10 am – 2 pm

Members: \$54 | General Public: \$60

Painting directly from nature, explore watercolours in their magical flowing spontaneity. With a few helpful technical tips from Susan, this class will enhance your way of seeing nature. All levels are welcome. Please bring your own supplies.

Instructor: Susan Pearson. **Limit:** 14

New! Watercolour Technique Series: Capturing Images

3 Thursdays | May 23, 30, June 6 | 10 am – 12:30 pm

Members: \$90 | General Public: \$100

Please note, this series cannot be taken as individual courses. In this 3-part series, work with a selection of reference materials, including fresh cuts from garden, the views of VanDusen, and photographic images. Susan will demonstrate watercolour techniques that will make it possible for you to capture an image on paper. Please bring your own supplies. **Instructor:** Susan Pearson. **Limit:** 14

The Naturalist's Journal: Botanical Drawing

3 Fridays | May 24, 31, June 7 | 10 am – 1 pm

Members: \$108 | General Public: \$120

Please note, this series cannot be taken as individual courses. Improve your drawing skills for journaling, teaching, or pure enjoyment in this 3-part series. Drawing directly from nature is about observing plants to identify shapes, spaces between shapes, edges, scale and proportion. Katharine will teach you how to record nature through illustration. Learn how to create the illusion of depth, and make observational drawings looking at plants from different aspects. Bring a 9x12 multimedia paper sketchbook, a regular sketchpad, and a 2B or HB pencil. Limited folding chairs available onsite for drawing outdoors when weather permits. **Instructor:** Katharine Dickinson. **Limit:** 14

Seaweed Pressing Workshop: Preserving Botanical Specimens

Saturday | May 25 | 10:30 am – 12:30 pm

Saturday | May 25 | 1:30 pm – 3:30 pm

Members: \$49.50 | General Public: \$55

In this popular workshop, learn to press and preserve gorgeous seaweeds in a variety of colours, textures and sizes. We will identify some common West Coast species, learn how to ethically collect your harvest, and store it. Create three mounted specimens in a DIY plant press to take home. This class will be available in two separate timeslots this spring. **Instructor:** Dana Mulder. **Limit:** 12

Acrylic Painting Workshop for Beginners

Sunday | May 26 | 9 am – 12 pm | Theme: Floral Bouquets

Sunday | June 23 | 9 am – 12 pm | Theme: Water in the Garden

Members: \$58.5 | General Public: \$65

These workshops provide all the supplies you need, along with step-by-step instruction by local artist Jane Saborio. Learn to paint with a semi-abstract expressionist technique using acrylic skins to create a unique and energetic painting. You will finish each workshop with a completed painting to take home. If you've always wanted to try painting with acrylics or get back into it, but don't want to invest in supplies quite yet, these workshops are for you! Class takes place outdoors, dress for the weather. **Instructor:** Jane Saborio. **Limit:** 10



Art by Susan Pearson

Drawing Flowers Intensive

Sunday | June 9 | 10 am – 4 pm

Members: \$72 | General Public: \$80

Improve your drawing skills to capture more realistic depictions of flowers. Instructor demonstrations will guide you through the process with different exercises to study a flower's posture and character through line, shape and structure, identifying key angles and proportions. Experiment with watercolour washes, and mixing colour to match the flower's natural colours. Bring a lunch, a 9x12 multimedia paper sketchbook, a regular sketchpad, and a 2B or HB pencil. Paint, palettes and brushes provided. Drawing will take place in the garden and in the classroom, so dress for the weather, and come prepared to draw outside. **Instructor:** Katharine Dickinson. **Limit:** 16

Creative Photography Principles 2

Saturday | June 15 | 10 am – 2 pm

Members: \$49.50 | General Public: \$55

Build on your understanding of photography principles, and explore speed and lighting effects. Using traditional techniques such as shooting in black & white, we will dive deeper into what makes a great photograph, and why. Class will finish with a feedback session. This class is for people who have taken class #1 or have some previous knowledge and experience, looking to develop their skills. Bring your camera with USB cable, empty memory card, user manual, and your lunch. Dress for the weather, rain or shine. **Instructor:** Melissa Clark. **Limit:** 15

Summer Plein Air Watercolour

4 Thursdays | July 4, 11, 18, 25 | 9:30 am – 12 pm

Members: \$40.50 / \$148.50 for all | General Public: \$45 / \$165 for all

For intermediate students looking to practice their watercolour skills outdoors. Susan's group and individual instruction ensures that each participant can progress at their own pace as they develop their technique. Supplies are not included. Bring an easel or painting board - an additional supply list can be provided upon request. Limited folding chairs available onsite for drawing outdoors when weather permits. Fee includes Garden admission. **Instructor:** Susan Pearson. **Limit:** 12

New! Natural Dyes and Summer Silks

3 Wednesdays | July 10, 17, 24 | 6:30 pm – 9 pm

Members: \$189 | General Public: \$210

Please note, this series cannot be taken as individual courses. This course is a natural complement to our Autumn series "Collecting Colours". Capture the colours of a summer garden on cotton and silk textiles. Perfect for beginner dyers or returnees wanting to learn and experiment with more delicate fibers, seasonal alchemy variation, and summer harvests. Practice solar jars, eco-prints, and dye vat skills on cotton. This series culminates with a final project, in which participants can select their favourite combination of skills to create a wearable silk scarf. Fee includes supplies. **Instructor:** Dana Mulder. **Limit:** 12

New! Watercolour Workshop: Summer Herbs

Saturday | July 27 | 10 am – 2 pm

Members: \$54 | General Public: \$60

Come to this workshop with an open mind and experimental heart to capture the essence of a variety of different summer herbs. Learn to appreciate the unpredictable nature and beauty of watercolour. From a light touch with gentle pencil lines using controlled washes, bringing washes to clear and sloppy wet washes, this class will use imaginative techniques that will help you create subject matter in an encouraging and fun way. **Instructor:** Susan Pearson. **Limit:** 14

Landscape Photography Workshop

Tuesday | July 30 | 4 pm – 8 pm

Members: \$49.50 | General Public: \$55

Join Melissa as she guides you through taking great landscape photos using the 22-hectare Garden as your subject. We'll discuss aspects of positive and negative space, depth of field, potential visual distractions, and learn how to work optimally with the weather that this summer evening brings us. Class concludes with a group feedback session. Bring your camera with USB cable and empty memory card. Bring a meal and be prepared to walk in the Garden.

Instructor: Melissa Clark. **Limit:** 15

HEALTH & WELLNESS

MultiPasses for Yoga and Fitness

Save money and attend classes whenever your schedule allows, without the risk of missing sessions due to illness or holidays. Want to try before you buy? **Take your first class for FREE!** Limit one free class per program (e.g. one Brain and Body, one Yoga, etc.) per student.

Call **604 718 5898** to sign up in advance. Purchase 6 or 12 sessions in advance (expires one year after the first class use).

YOGA & FITNESS MULTIPASS 6 Member \$90 | Non-member \$100

YOGA & FITNESS MULTIPASS 12 Member \$162 | Non-member \$180

Passes can be purchased online or by phone. Use your pass to register for classes in advance online, or call **604 718 5898**

REGULAR DROP-IN FEES Member \$18 | Non-member \$20

Flow to Slow Yoga

10 Mondays | April 1 - June 17 | 10:15 am - 11:30 am

No Class April 22 or May 20

Join us for an energizing, relaxing yoga practice. Class starts with a gentle flow of active, dynamic postures that wake up your muscles and get blood flowing. We then wind down to a slower pace, holding postures to help nourish your joints, relax your mind and release tension. Appropriate for beginners or experienced students looking for a new approach to their practice. Bring a yoga mat and a towel or light blanket. Some props are available to borrow but you are welcome to bring your own. Class takes place in the VanDusen Guides Classroom with garden views, and outside in the garden in the summer months.

Instructor: Timothy Martin. **Limit:** 15

Evening Flow Yoga in the Garden

7 Mondays | July 8 - August 26 | 5:45 pm - 7 pm

No Class August 5

Same as above, but outdoors, surrounded by the beauty of the evening summer Garden. Meet at the Visitors Centre and enter the Garden as a group. **Limit:** 10



Brain and Body Workout for Boomers and Beyond

12 Tuesdays | April 2 - June 18 | 10 am - 11 am

This class, designed by Kinesiologists and Occupational Therapists, is an evidence-based program to improve both physical and brain conditioning. The first half of class combines physical conditioning exercises (cardiovascular, balance, strength, coordination) with rhythm, creativity, memory, kinesthetic learning, and cognitive play. The second half includes exercises for flexibility, core, posture, followed by visualization, meditation, and deep relaxation. Participants describe this class as “fun”, “exciting”, “refreshing” and “soothing”.

Instructor: Love Your Age Fitness. **Limit:** 15

Better Balance Workout for Seniors

12 Tuesdays | April 2 - June 18 | 11:15 am - 12:15 pm

This is a gentle class for all levels, focused on balance and mobility for fitness and for preventing falls. Exercises can be done seated or standing, and participants will increase their functional strength and mobility, core stability, lower body strength, and improve their balance. **Instructor:** Love Your Age Fitness. **Limit:** 15

New! 55+ Yoga

12 Tuesdays | April 2 – June 18 | 1 pm – 2 pm

Suitable for beginners or students looking for a gentle practice, 55+ Yoga help relieves sore joints and tight muscles, aches and pains, with an emphasis on safety, effectiveness and the philosophy of expanding our human consciousness. Class begins and ends with a short meditation and breath work. Christine offers a welcoming and safe place to explore and rejuvenate with a gentle series of movements that will open up and strengthen all areas of the body. Class takes place in the VanDusen Guides Classroom with garden views, and outside in the garden in the summer months. **Instructor:** Christine Bickson. **Limit:** 15

Balance and Strength Garden Walks

5 Tuesdays | July 2 – 30 | 10:30 am – 11:30 am

Enjoy a beautiful garden walk while also getting stronger and improving your balance. This 60 minute moderate level class focuses on posture, strength, balance, cardiovascular fitness, and mobility. Portable equipment such as tubing and Nordic poles will be provided. Participants must be able to walk at a moderate pace for at least 30 minutes. Class will begin from the lobby and will proceed rain or shine, dress for the weather. **Instructor:** Love Your Age Fitness. **Limit:** 15

Gentle Yoga in the Garden

4 Wednesdays | July 3 – 24 | 6 pm – 7 pm

In this gentle evening class in the garden, relieve tension held in hips, spine and shoulders to deeply relax your body. Postures are instructed with care and attention on alignment, offering options for all levels. Through breath-guided movement and mediation we balance the nervous system and calm the mind. You will feel relaxed and at ease after class. Meet at the Visitors Centre and enter the Garden as a group. **Instructor:** Christine Bickson. **Limit:** 15

Gentle Yoga in the Garden

4 Wednesdays | August 7 – 28 | 10 am – 11 am

Start your day with this gentle yoga practice in the garden. Same class as above, but led by Movement Educator, Deborah. Meet at the Visitors Centre and enter the Garden as a group. **Instructor:** Deborah Redfern. **Limit:** 15





LIBRARY SPEAKERS

Dr. Linda Chalker-Scott

Monday | April 8 | 7 pm – 8:30 pm

Join us for a free talk with acclaimed horticulturalist and award-winning author of *The Informed Gardener*, Dr. Linda Chalker-Scott, who will share information from her new book, *Gardening with Native Plants of the Pacific Northwest* – an extensively revised edition of Arthur R. Kurckeberg’s beloved tome. Linda will answer audience questions, and sign copies of her book at this event. This talk is free of charge, but pre-registration is required. Doors open at 6:30pm. **Limit:** 40



Photo: Tania Clarke

We also offer monthly bird walks, day camps and family activities. Want to stay up to date on our activities? Sign up for our monthly Education News emails. Visit VanDusenGarden.org for more information.

Registration

VBGA Members receive **10% off** the non-member fee for any Education program! If you register online, enter the code at checkout in the promotional code field in your cart. All memberships are checked for validity. To learn more about membership visit VanDusenGarden.org/get-involved/membership

Advance Registration is Recommended for All Programs

- OPTION 1** Go online at VanDusenGarden.org/register
- OPTION 2** Call 604 718 5898 Mon – Fri 9am – 4:30pm and have your credit card ready.

Cancellation and Refund Policy

- TWO WEEKS NOTICE** receive a refund, less a \$15 administrative fee.
- ONE WEEK NOTICE** no refunds, but will receive a credit towards a future course, less a \$10 administrative fee.
- LESS THAN ONE WEEK** no refunds or credit will be given.
- TRANSFERRING TO ANOTHER COURSE** is subject to a \$10 administration fee.

CALENDAR

March

- 16 Wild, Edible & Medicinal Plant Walk
- 23 Introduction to Botany for Plant Identification
- 24 What to Grow and When to Sow
- 24 Beginner Plant ID Walk with a Botanist at Bloedel
- 30 Permaculture Garden Design
- 31 Beekeeping for Beginners

April

- 1 Flow to Slow Yoga
- 2 Brain and Body Workout for Boomers & Beyond
- 2 Better Balance Workout for Seniors
- 2 55+ Yoga
- 2 Herbal Medicine 101: An Intro to the Use of Herbal Remedies
- 4 Landscapes in Watercolour Workshop
- 6 Veggies on Your Patio
- 8 Library Speaker: Linda Chalker-Scott
- 9 Sprouts, Microgreens & Baby Greens
- 10 Botanical Illustration: Level 2
- 11 Watercolour Meetups
- 15 Wild, Edible & Medicinal Plant Walk
- 17 Tropical Ecology & Culture
- 24 Herbal Medicine 102: Energetics of Herbal Medicines
- 25 Chigiri-e Paper Art Workshop: Cherry Blossoms
- 27 Introduction to Bird Watching
- 27 Healthy Soils for Healthy Gardens
- 30 Design your Vertical Garden

May

- 1 Designing Gardens for the Senses
- 4 BC Native Shrub ID Walk
- 4 Brush Up on Your Botany
- 5 Cosmetic-Making for Mothers' Day
- 5 Intermediate Plant ID Walk with a Botanist
- 11 Creative Photography Principles 1
- 14 Evening Stroll with a VanDusen Gardener
- 15 Creating Herb Containers
- 18 Watercolour Workshop: Nature as our Guide
- 21 Herbal Salve-Making Workshop
- 22 Small Trees for your Urban Property
- 23 Watercolour Technique Series: Capturing Images

- 23 Chigiri-e Paper Art Workshop: Orchids
- 24 The Naturalist's Journal: Botanical Drawing
- 25 Seaweed Pressing Workshop: Preserving Botanical Specimens
- 26 Botany and Birds Walk on Bowen Island
- 26 Acrylic Painting Workshop for Beginners: Water in the Garden
- 26 Bee ID Walk

June

- 1 Medicinal Plant Walk
- 2 Water-wise DIY Irrigation Workshop
- 4 Herbs for Digestion
- 8 Practical Summer Pruning
- 9 Drawing Flowers Intensive
- 11 Wild, Edible & Medicinal Plant Walk
- 15 Creative Photography Principles 2
- 15 Bumblebee ID & Nest Building Workshop
- 19 Drought Tolerant Gardening
- 20 Chigiri-e Paper Art Workshop: Lilies
- 22 Practical Summer Pruning
- 23 Acrylic Painting Workshop for Beginners: Floral Bouquets
- 27 BC Native Shrub ID Walk

July

- 2 Balance and Strength Garden Walks
- 3 Gentle Yoga in the Garden
- 4 Summer Plein Air Watercolour
- 6 How's the Organic Garden Growing?
- 7 Sensory Garden Walk
- 8 Evening Flow Yoga in the Garden
- 10 Natural Dyes and Summer Silks
- 17 Medicinal Plant Walk
- 21 Wasp ID Walk
- 27 Watercolour Workshop: Summer Herbs
- 30 Landscape Photography Workshop

August

- 7 Gentle Yoga in the Garden
- 10 Medicinal Plant Walk
- 11 Forest Therapy Walk
- 17 Veggie Gardening for Year-Round Harvest
- 20 Summer Evening Perennial Walk
- 24 Forest Therapy Walk